

COVID-19 INFORMATION

1. Masks should be used only on those who are sick to prevent them from spreading it to others. Those without symptoms do not need to use masks.
2. Hand hygiene is of utmost importance. Washing with soap and water for at least 20 seconds is recommended- equivalent to humming the "Happy Birthday" song twice.
3. If you are sick with fever, cough, shortness of breath, body aches, headache, nausea or diarrhea- please self quarantine. You should not be exposing yourself to others unnecessarily. This applies for all viral illnesses! When you have a fever you are highly contagious.
4. If you feel you need medical attention for symptoms you think may be related to Covid-19 or Influenza, please call your doctors office first. We have been advised to actually evaluate patients in their cars, rather than allowing the spread of germs in the office. Most doctors offices do not have the ability to test for the Covid-19 virus at present. If there is a need for testing outside of the hospital, it is to be done at a local health department which will then forward the samples to the CDC with a turnaround testing time of 24-48 hours.
5. For further questions, please call or check out the CDC website for information at <https://www.cdc.gov/coronavirus/2019-nCoV/summary.html>.