

DAY BEFORE EXAMINATION

1. You may have a **LIGHT BREAKFAST**. For **LUNCH AND DINNER, CLEAR LIQUIDS ONLY**(such as apple juice, tea, clear broth, sorbet, clear Jell-O) on the **DAY BEFORE** the procedure. No red liquids, no red Jell-O, nor any milk products. **You should NOT have any more food or drink after midnight.**
2. At 6:00 PM take first dose of MOVIPREP
3. At 12:00 AM take second dose of MOVIPREP

IMPORTANT

1. If you are on **INSULIN** or **ORAL DIABETES MEDICATION** or **COUMADIN** or **PLAVIX**, or any other blood thinners, please inform Dr. Shim and obtain specific instructions with regard to these medications.
2. If you are on **MEDICATIONS FOR HYPERTENSION OR HEART DISEASE**, you should take your medication at least 2 hours prior to your scheduled appointment.
3. Remember: **DO NOT TAKE ANY IRON TABLETS, ASPIRIN OR MEDICATIONS THAT CONTAINS ASPIRIN** (such as **ALKA-SELTZER, EXCEDRIN**); or non-steroidal, anti-inflammatory medications (such as **MOTRIN** or **INDOCIN**) for one week prior to your procedure. Because you will receive intravenous sedation, **YOU SHOULD HAVE SOMEONE TO SCORT YOU HOME.**
4. If you **CANNOT** keep your appointment or have questions regarding your procedure or preparation, please call the office at (212) 535-5020.

COMMONLY ASKED QUESTIONS:**How do I know if my prep is adequate?**

- The stool should be watery in consistency. It does not have to be clear in color like water since digestive juices will continue to tint the stool yellow & small flecks of debris are not a problem as long as the stool is not muddy or thick.

Will the prep interfere with my other medications?

- Medications taken at least an hour before beginning the prep should be adequately absorbed, but thereafter, they are likely to be washed away by the prep.

Because you will receive intravenous sedation, you should have someone to escort you home.

Your colonoscopy will take place on:

Date: _____

Time: _____

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