

Table 1
Safety of Psychiatric Medications During Pregnancy and Lactation

<i>DRUG</i>	<i>FDA PREGNANCY CATEGORY*</i>	<i>AAP RATING</i>	<i>LACTATION RISK CATEGORY†</i>
Anxiolytics and hypnotics			
Benzodiazepines			
Alprazolam (Xanax)	D	Unknown, of concern	L3
Chlordiazepoxide (Librium)	D	NA	L3
Clonazepam (Klonopin)	D	NA	L3
Clorazepate (Tranxene)	D	NA	L3
Diazepam (Valium)	D	Unknown, of concern	L3; L4 if used chronically
Estazolam (Prosom)‡	X	NA	L3
Flurazepam (Dalmane)	X	NA	L3
Lorazepam (Ativan)	D	Unknown, of concern	L3
Oxazepam (Serax)‡	D	NA	L3
Quazepam (Doral)	X	Unknown, of concern	L2
Temazepam (Restoril)	X	Unknown, of concern	L3
Triazolam (Halcion)	X	NA	L3
Nonbenzodiazepine anxiolytics and hypnotics			
Bupirone (Buspar)	B	NA	L3
Chloral hydrate	C	Compatible	L3
Eszopiclone (Lunesta)	C	NA	NA
Zaleplon (Sonata)	C	Unknown, of concern	L2
Zolpidem (Ambien)	B	NA	L3
Antiepileptics and mood stabilizers			
Carbamazepine (Tegretol)	D	Compatible	L2
Lamotrigine (Lamictal)	C	Unknown	L3
Lithium	D	Contraindicated	L4
Valproic acid (Depakene)	D	Compatible	L2

DRUG	FDA PREGNANCY CATEGORY*	AAP RATING	LACTATION RISK CATEGORY†
Antidepressants			
Tricyclics and heterocyclics			
Amitriptyline	C	Unknown, of concern	L2
Amoxapine (Asendin)‡	C	Unknown, of concern	L2
Clomipramine (Anafranil)	C	Unknown, of concern	L2
Desipramine (Norpramin)	C	Unknown, of concern	L2
Doxepin (Sinequan)‡	C	Unknown, of concern	L5
Imipramine (Tofranil)	C	Unknown, of concern	L2
Maprotiline (Ludiomil)‡	B	NA	L3
Nortriptyline (Pamelor)	C	Unknown, of concern	L2
Protriptyline (Vivactil)	C	NA	NA
Selective serotonin reuptake inhibitors			
Citalopram (Celexa)	C	NA	L3
Escitalopram (Lexapro)	C	NA	L3 in older infants
Fluoxetine (Prozac)	C	Unknown, of concern	L2 in older infants; L3 in neonates
Fluvoxamine (Luvox)‡	C	Unknown, of concern	L2
Paroxetine (Paxil)	D	Unknown, of concern	L2
Sertraline (Zoloft)	C	Unknown, of concern	L2
Other antidepressants			
Bupropion (Wellbutrin)	B	Unknown, of concern	L3
Duloxetine (Cymbalta)	C	NA	NA
Mirtazapine (Remeron)	C	NA	L3
Nefazodone (Serzone)‡	C	NA	L4

DRUG	FDA PREGNANCY CATEGORY*	AAP RATING	LACTATION RISK CATEGORY†
Trazodone (Desyrel)‡	C	Unknown, of concern	L2
Venlafaxine (Effexor)	C	NA	L3
Antipsychotics			
Aripiprazole (Abilify)	C	NA	L3
Chlorpromazine (Thorazine)‡	C	Unknown, of concern	L3
Clozapine (Clozaril)	B	Unknown, of concern	L3
Fluphenazine (Prolixin)‡	C	NA	L3
Haloperidol (Haldol)	C	Unknown, of concern	L2
Loxapine (Loxitane)	C	NA	L4
Olanzapine (Zyprexa)	C	NA	L2
Perphenazine (Trilafon)‡	C	Unknown, of concern	NA
Pimozide (Orap)	C	NA	L4
Quetiapine (Seroquel)	C	Unknown, of concern	L4
Risperidone (Risperdal)	C	NA	L3
Thioridazine (Mellaril)‡	C	NA	L4
Thiothixene (Navane)	C	NA	L4
Trifluoperazine (Stelazine)‡	C	Unknown, of concern	NA
Ziprasidone (Geodon)	C	Unknown, of concern	L4

*—The FDA classifies drug safety using the following categories: A = controlled studies show no risk; B = no evidence of risk in humans; C = risk cannot be ruled out; D = positive evidence of risk; X = contraindicated in pregnancy.

†—Lactation risk categories are as follows: L1 = safest; L2 = safer; L3 = moderately safe; L4 = possibly hazardous; L5 = contraindicated.

‡—Brand name no longer available in the United States.

Adapted with permission from the American College of Obstetricians and Gynecologists. ACOG practice bulletin no. 87. Use of psychiatric medications during pregnancy and lactation. *Obstet Gynecol.* 2007;110(5):1180–1182.

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