

If you have any questions or concerns do not hesitate to contact us. 212.586.4209

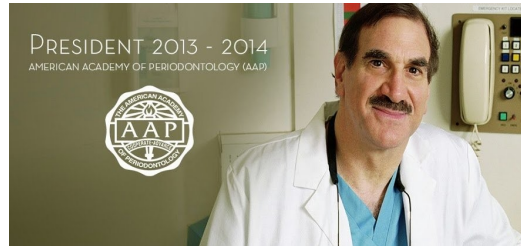
We provide consultations and treatment for:

- Smile Makeovers
- Periodontitis (gum disease)
- Gum Recession & Bone Loss
- Dental Implants (single or multiple)
- Laser procedures
- Implant Complications

Office Hours

MONDAY 10AM — 7PM
TUESDAY 9AM — 6PM
WEDNESDAY 10AM — 7PM
THURSDAY 10AM — 4PM
FRIDAY 8AM — 4PM

SJF Stuart J. Froum DDS
 DIPLOMATE AMERICAN BOARD
 OF PERIODONTOLOGY



- ◆ PERIODONTIST - IMPLANT SPECIALIST
- ◆ CLINICAL PROFESSOR AND DIRECTOR OF CLINICAL RESEARCH DEPARTMENT OF PERIODONTOLOGY & IMPLANT DENTISTRY AT NEW YORK UNIVERSITY COLLEGE OF DENTISTRY
- ◆ DIPLOMATE OF THE AMERICAN BOARD OF PERIODONTOLOGY
- ◆ DIPLOMATE OF THE INTERNATIONAL CONGRESS OF ORAL IMPLANTOLOGY PERIODONTICS & IMPLANT DENTISTRY

Hygiene Department

DR. ALICE CHUNG
HANA FROUM, RDH

Anesthesiologist

DR. SHAHZAD KAHN

Dr. Stuart J. Froum

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SEDATION PRE-OP & POST OP INSTRUCTIONS



Dr. Stuart J. Froum
 Periodontist &
 Implant Dentistry

Please read and follow the recommended instructions prior to your appointment.

Pre-op

- Do not consume alcoholic beverages the evening prior to or for 48 hours following dental treatment.
- Do not eat or drink 12 hours prior to your appointment. Ask Dr. Froum/Dr. Khan if you should continue to take your medications, including your BLOOD PRESSURE and HEART MEDICATIONS. You may drink a little water (a sip) to take any medication but keep it minimal.



- Wear loose, comfortable clothing with short sleeves or no sleeves to permit ready access to the arms for monitoring (such as blood pressure cuffs).
- We have blankets in case you get cold.
- Remove dark nail polish (on one nail) prior to dental treatment if possible.
- Tell the doctor of any changes in your health (including but not limited to new medications, recent surgeries, illnesses, etc.) prior to taking the oral medication.

- All sedation patients must be accompanied to and from the office by a responsible adult. If the procedure is short (1 hour), the responsible adult shall remain in the office. For longer appointments and at the practitioner's discretion, the responsible adult may leave the office during the appointment and return to assist the patient home.
- Such parties shall make sure it is ok to leave with the receptionist and leave a cell phone number. For sedation of children and/or dependent minors or the mentally compromised, the parent or guardian shall remain in the office for the entire procedure to assist in any unanticipated decision making. Patients may not permit strangers (such as taxi-drivers) to drive or assist them while under sedation.
- You will need assistance by a responsible adult with walking and using the restroom. **You should have a responsible adult stay with you for at least 12 hours following the appointment.**
- Dr. Khan will be contacting you prior to your dental visit.

Post-op

Each patient may respond differently to IV sedation. Therefore, **each patient's recovery time is different.** However, many patients begin to feel more alert soon after the IV medication is stopped. **Patients are instructed not to operate heavy machinery or vehicles or perform any activity requiring mental alertness (or make any financial decisions) for at least 24 hours.** Nausea is also possible, but medications are available to control this. In the event the patient experiences any nausea after treatment, a prescription to help may be provided.

Patients are encouraged to sleep and drink plenty of water and clear fluids for the remainder of the day.

Many sedation patients report significantly reduced pain levels the day after their treatment. There are multiple theories for why this is, but the common thought is that because a sedation patient is relaxed and not tense during their appointment, the dentist can often use less force as well as access the mouth more easily.

Dr. Stuart J. Froum
Periodontology &
Implant Dentistry

Contact: 212.586.4209

Dr. Shahzad Khan
Anesthesiologist

Contact: 917.449.8195