



Vascular and Vein Institute of the South

1385 W. Brierbrook Rd.

Germantown, TN 38138

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Outpatient Angiography Pre-Operative Instructions

- Do **NOT** eat or drink anything **past midnight** the night before your procedure.
- There is a 2-4 hour observation period after your procedure.
- Please take all your medications with a small sip of water, except diabetic medicine (call the office for questions).
- **In preparation for your procedure, if you take Coumadin (warfarin), Pradaxa(dabigatran); Xarelto (rivaroxaban) or Eliquis (apixaban) or any other prescription blood thinner**, please inform the office as soon as possible, as may delay your procedure. You will need specific instructions for your procedure.
- **If you take Metformin, Glucophage or Glucovance-** you must **NOT** take this the day of your procedure or two days after the procedure.
- **Please continue Plavix and aspirin (you MAY take the morning of your procedure)**
- All procedure times are tentative and subject to change without warning. Due to the nature of surgery that your surgeon performs, emergency surgeries may occur and could affect your time. Although we try to give you an approximate time, this is not a guarantee.
- If you have any kind of sedation, you will not be allowed to drive for 24 hours after your procedure.
- You must make arrangements for a responsible adult companion 18 years or older to take you home after your procedure.
- Do not bring any valuables or jewelry.
- If you wear contacts or glasses, please bring a case for them.
- Bring your insurance card(s) and a photo ID.
- Please wear loose, comfortable clothing that will fit over whatever type of surgical dressing you will have. If you are having hand/arm surgery, please wear a button down shirt. You will be asked to store your clothing in a bag during the procedure.