



Life can be Better



The PsyClinic

It's one thing to be a little down, if you're going through a tough time. But clinical depression is quite another matter. "Depression is a serious medical illness that involves the brain," said Dr. Mohamed Ahmed, board certified child, adolescent and adult psychiatrist. It's more than just a feeling of being "down in the dumps" for a few days. Fear and anxiety, too, can be quite normal. But when those feelings persist they can interfere with your normal life and medical attention becomes needed.

PsyClinic can help. Dr. Ahmed's reputable practice, with locations in Webster (clear lake) and Baytown, strives to be the regional leader in mental health services by offering comprehensive diagnostic and treatment services from a multi-disciplinary team of competent and compassionate providers.

"As with any other mental health issue, Dr. Ahmed is never in a hurry to put a child on medication. He works hard to find the right treatment plan. Medication is always a last resort."



Dr Ahmed completed his residency in General Psychiatry and a Fellowship in Child and Adolescent Psychiatry at the University of Texas Medical Branch in Galveston. He is holds two board certifications, one in General Adult Psychiatry and another in Child and Adolescent Psychiatry. He also holds an international master's degree in Psychiatry. Dr. Ahmed is a distinguished Laughlin Fellow and is the recipient of several prestigious awards in his field, including the Robert B. White and other International medical graduate fellowship awards and The Merit award for clinical excellence.

FAST FACT:

PsyClinic treats the following disorders in children, adolescents, adults and the elderly:

- Attention Deficit Hyperactivity disorders
- Oppositional defiant disorder
- Conduct disorder
- Behavioral disorders and anger control in kids and teenagers
- Autistic, Asperger's and other Pervasive Developmental Disorders
- Major Depressive disorders
- Bipolar disorders
- Anxiety disorders
- Sleep disorders
- Substance abuse disorders
- Schizophrenic & other psychotic disorders
- Dementia

ADHD from A to Z

Dr. Ahmed offers a program called "ADHD from A to Z" that focuses on the children and their parents. The highly-successful program has five key elements:

1. Initial Psychological Evaluation by Dr. Ahmed
2. Individual Therapy addressing frustration, mutual trust, attention spans, homework planning, social skills development, time management strategies, tutoring referrals and more.
3. Parent Seminars addressing understanding ADHD, coping with frustration, how ADHD affects the entire family, time management strategies, conflict resolution techniques and methods to monitor treatment plan progress.
4. Teachers and School Support— Phone conferences with teachers to access response to treatment and in-clinic lecture for educators to aid in understanding ADHD.
5. Monthly Meetings for Treatment Providers to discuss research and advances in the field.

Dr. Mohamed S. Ahmed
Board Certified in Adult Psychiatry
Board Certified in Child and Adolescent Psychiatry

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