



Discharge Instructions

Injections- Please allow 48-72 business hours to be contacted for your injection scheduling.

Imaging- If an imaging study was ordered for you today (i.e. MRI, xray, CT, ultrasound, EMG), please allow up to 72 hours to be contacted. If you have not heard from them one week following your appointment, please give us a call. We would be happy to send your imaging order to the location of your choice. Your results will be discussed at your next clinic visit. If you would like to discuss your results sooner than your next clinic visit, please call us and we will accommodate an earlier appointment with our nurse practitioner.

Physical Therapy/Chiropractic - If physical therapy and/or chiropractic care was ordered for you today, please allow up to 72 hours to be contacted. If you have not heard from them one week after your appointment, please give us a call. We use multiple physical therapy/chiropractic offices, so if they do not take your insurance or the location is inconvenient, please do not hesitate to call us. We would be happy to send an order to the office of your choice.

Specialist Referrals – If you have been referred to a specialist (i.e. neurologist, neurosurgeon, orthopedic surgeon), please allow up to one week to be contacted by their office. If you have not heard from the office by that time, please contact us.

Medication refills - If your follow up is scheduled > 4 weeks out, you will need to **EMAIL THE OFFICE** for a prescription refill. Please **EMAIL THE OFFICE 2-3 days prior** to the date that you will be out of medication. Having your pharmacy fax a request is an unreliable way of notifying us. Please email your requests to OFFICE@REGENPAINCLINIC.COM. If you don't have access to email, then please feel free to call and leave a message for your refill. Again, we ask that you call 2-3 days prior to your refill date.

*****MEDICATION PRIOR AUTHORIZATIONS** - New CDC guidelines and DEA regulations have made this increasingly difficult. If your prescription is high cost or the pharmacist states it needs a prior authorization, PLEASE CALL US. We do not know your prescription needs a prior authorization until either you or your pharmacist notifies us. Once we receive the prior authorization request, we will work with your insurance company to get this approved. This requires us submitting paperwork/medical records on your behalf. The insurance company has up to 15 days to respond (varies per insurance plan). Once the medication is approved, the pharmacist must resubmit the prescription to insurance again. In the interim, please take your medications as you were previously prescribed.

*****If the physician prescribed a new long acting pain medication (i.e. Morphabond, Xtampza, Oxycontin) and it was delayed due to prior authorization, your new regimen will start the date you pick the new medication up.** Please remember to reduce the amount of pain medication (Norco, Percocet, Oxycodone) you are taking while taking a long acting pain medication. You will not be refilled early. If you need clarification on your new regimen, please do not hesitate to call.