



DR. JONATHAN KONING MD
Board Certified Anesthesiologist and Pain Management Specialist
5550 Warren Parkway, Suite 110, Frisco TX 75034
6020 W. Parker Rd, Suite 300, Plano TX 75093

PROCEDURE INSTRUCTIONS

THESE ARE SEVERAL MEDICATIONS THAT MUST NOT BE TAKEN PRIOR TO YOUR PROCEDURE:

MEDICATIONS THAT MUST BE STOPPED 7 DAYS PRIOR TO YOUR PROCEDURE:

Aspirin 325mg	Ecotrin	Indocin	Integrilin
Anacin	Excedrin	Percodan	
Aggrenox	Brilinta	Plavix	
Bufferin	Aggrastat	Salicilate	
Ticlid (Ticlopidine)	Effient	BC Powder	

MEDICATIONS THAT MUST BE STOPPED 3 DAYS PRIOR TO YOUR PROCEDURE:

Advil/Motrin (Ibuprofen)	Vicoprofen	Voltaren (Diclofenac)	Pradaxa (Dabigatran)
Aleve (Naprosyn/Naproxen)	Daypro (Oxaprozin)	Piroxicam	Xarelto (Rivaroxaban)
Lodine (Etodolac)	Trisilate	Nabumetone	Arixtra (Fondaparinux)
Meloxicam (Mobic)	Celebrex	Indomethacin	

MEDICATIONS THAT MUST BE STOPPED 12 HOURS PRIOR TO PROCEDURE:

Heparin Lovenox

DIABETIC PATIENTS: IF YOU ARE TAKING **SUBCUTATEOUS INSULIN ONLY**, TAKE **1/2** OF USUAL DIABETIC MEDICATIONS THE EVENING PRIOR TO YOUR PROCEDURE. IF ON **ORAL MEDICATIONS**, TAKE YOUR EVENING DOSE THE NIGHT PRIOR TO YOUR PROCEDURE, BUT **DO NOT TAKE** YOUR MORNING DOSE.

If you are scheduled to have an injection before 1pm, please have **NOTHING TO EAT OR DRINK AFTER MIDNIGHT** the night before. If you are scheduled after 1pm, please nothing to eat or drink **8 HOURS** prior to your check in. You may have SMALL sips of water if absolutely necessary or if you need to take approved medication(s). If you are diabetic, you may have small sips of juice to keep your blood sugar from dropping. If you take high blood pressure medication(s), please do not skip any doses. You may take high blood pressure medication the morning of your procedure with a sip of water. You may also take prescription pain medication(s) the morning of your procedure with a sip of water if needed, just be sure and let the anesthesiologist know that you have had these medications at your check in for procedure.

You will need to have someone accompany you to the procedure as you will be given sedation and will not be allowed to drive following your procedure. This person MUST have a valid driver's license and be willing to stay with you the entire time.

- You can estimate your stay to be about 2 to 2.5 hours from beginning to end
- Please give 24 hour notice when cancelling a procedure
- Please be aware that all procedures will incur physician, anesthesia, and facility charges. Your insurance will be verified and you will be contacted about any deductible or co-insurance charges you may have and to confirm you check in time prior to your procedure. All payments must be made prior to your procedure. If your insurance requires prior authorization, and for any reason we are not able to obtain approval prior to your procedure, you will be contacted to reschedule to a later date.

Please call us at 469-252-4777, or email us at office@regenpainclinic.com, for any additional questions you may have. We will address your inquiry as soon as possible.



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Facility Locations - Dr. Koning performs procedures at the following facilities:

- **Texas Health Surgery Center Addison**
17980 Dallas Parkway, Suite 100, Dallas, TX 75287 972-913-7715
- **Blue Wave Medical Pavilion**
5550 Warren Parkway, Suite 110, Frisco TX 75034 469-252-4777
- **Texas Health Center for Diagnostics and Surgery**
6020 W. Parker Road, Suite 300, Plano TX 75093 469-252-4777
- **Baylor Scott and White Sports Surgery Center at the Star**
3800 Gaylord Parkway, Suite 410, Frisco TX 75034 972-668-5911
- **SurgCenter of Plano**
6101 Windhaven Pkwy, Suite 195, Plano, TX 75093 469-209-7054
- **Legent Outpatient Surgery**
8350 Dallas Pkwy #100, Frisco, TX 75034 469-213-8310

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