

Asheville Medicine & Pediatrics

BILLING NOTICE: Same Day Wellness/Physical when also addressing acute or chronic conditions:

I understand that I _____ or my child have only been scheduled for a “wellness exam or physical” today. I realize that my provider is willing to address most acute or chronic issues during today’s visit, however, if I have a significant health problem that we need to discuss, then my insurance carrier may be billed for an office visit in addition to my wellness/physical exam.

Wellness and Physicals commonly include a review of the following:

- Review of your medical and social history related to your health and education
- Counseling about preventative services
- Appropriate measurements/exam of the following are part of the wellness exam; Height, weight, blood pressure, pulse, ears, eyes, skin, abdomen, various immunizations and other routine measurements
- Screenings for appropriate preventive services such as cancer screenings, breast, colorectal, cervical and prostate.
- Depending on your insurance certain blood test to check such things as cholesterol and blood sugar
- How to maintain a healthy lifestyle

Wellness/Physicals do not include:

Chronic health issues, incidental findings during the physical that must be addressed, acute health conditions that may need to be addressed. These additional issues may be billed separately.

In general, most insurers will cover your wellness/physical in full but I assume responsibility if my insurer requires an additional copayment or applies that portion of my visit to my deductible. If I have separate issues that I would like to address that are significantly separate from my wellness/physical exam, I will notify my provider if I am concerned that my policy may not cover an additional office visit. I understand that as a result I may be required to schedule a future appointment to have those issues addressed.

Signature _____

Date _____