



ADVANCED PRACTICE
MEDICAL AESTHETICS

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Flourish Aveda Spa

Over the last 4 years, Patty Stewart, our Board-Certified Nurse Practitioner, has developed protocols for stacking technology in a way to assure outstanding results with limited downtime.

Combining state-of-the-art technology with Patty's aesthetic artistry and knowledge of proportions and skin conditions, APMA's treatment plans assure a natural rejuvenation in a reasonable timeframe, without surgery.

APMA strives for exceptional outcomes, close follow-up and client satisfaction with a systematic, yet individualized plan of care that fits everyone's budget.

Research shows that people who are comfortable and pleased with their appearance will have improved physical, emotional and psychological wellbeing, only contributing to an engaging and fulfilling life.

APMA's Systematic Approach to Aesthetic Medicine

Remodeling Technology to Restore Skin Health

Rejuvenation Technologies to Correct Common & Unique Conditions

Experience to Assure Natural Results without Surgery

Advanced Aesthetic Technology with Affordability

Skin Care Products Supported by Research for Exceptional Performance to Enhance & Maintain Results



Facial Changes with Age

Fact: The Aging Process is the Same for Everyone

- **Surface:** Cell turnover & exfoliation rates vary depending on age
 - Rule: Takes 1 day to exfoliate for each year of life (30years =30 days)
 - Environmental Factors affect aging: sun, pollution, smoking, diet, immunity
 - Conditions: Acne, Rosacea, Telangiectasias, Melasma, Seborrhic Dermatitis & Keratosis Pillaris
- **Movement:** Excess movement creates lines & wrinkles that build over time
- **Volume:** Loss is inevitable but subtle
 - Once noticeable, loss is at least 25%
 - Deep folds are caused by volume loss: Nasolabial and Marionette folds
- **Structure:** Muscle atrophy, bone disintegration causes shape changes
 - Temporal hollowing & skeletonization from muscle atrophy, fat loss; skin changes from excessive scars & Poikiloderma of Civatte
 - Orbit change from round to tear shape and drop cheek support
 - Jawline loses contour as bone demineralizes, jowls develop as fat drops
- **Fat Redistribution:** laxity in ligaments holding fat pads in place
 - Under eye fat pad herniation, double chin, jowls, midface malar crease

These changes occur simultaneously, creating multiple issues to restore and rejuvenate. Consequently, every client requires multiple, yet different technologies for a comprehensive and natural outcome. Aesthetics are never once and done, no matter the treatment. Best results are achieved through planning and repetition of a variety of technologies. That is why aesthetic treatments are costly.

APMA believes that everyone deserves this technology, so we have created plans that incorporate a staged, multi-platform technology approach that is affordable and maintainable for all skin types and every generation.

APMA strives for open and honest relationships with our clients, allowing us to follow them through the aging process, so when new issues develop, select technologies can be incorporated easily within their individualized aesthetic plan. Every client gets the attention they deserve, close follow up and flexible scheduling to assure your plan is carried out efficiently and safely. APMA's reputation for outstanding care and service secures referrals from family and friends



Introducing: ADVATX

APMA has had the pleasure of working with ADVALIGHT, the manufacturers of ADVATx, a new and innovative LASER technology. ADVATx treats undesired vascular abnormalities (Rosacea), acne, scars, sun and age spots and Melasma. This technology also REMODELS skin damaged the aging process or from medical conditions causing discoloration and sclerosing of skin over time.

Since partnering with ADVALIGHT, we have discovered that no matter the skin problem or condition, the ADVATx treated skin becomes brighter, firmer and smoother with diminished wrinkles and significant improvements in color, no matter the condition. Unbelievable, we know, but after testing our protocols on 50+ patients, results have been consistent with outstanding patient satisfaction. No other single treatment performs like the ADVATx.

Additionally, ADVATx, with APMA's technique is virtually pain free without the need for topical anesthetic and has NO DOWNTIME with immediate and visible results. Outcomes are cumulative, and only get better with time.

APMA recommends this dual LASER treatment for most patients, even darker skin tones, not only as a treatment, but for prevention. We can't stop the aging process or the inevitable skin damage from environmental assaults, but we can TREAT these problems and RESTORE skin health with the ADVATx. This technology has outperformed many of our current treatments to include: PhotoFacial, Chemical Peels, Microdermabrasion, and eMatrix resurfacing.

APMA recommends a series of 3 treatments, one month apart with additional treatments of 1 every 3-5 months to safeguard outcomes. APMA then incorporates an individualized plan for structural, volumization or restoration treatments along with medical-grade skin care products based on your skin condition and age, to complete and maintain your full aesthetic make-over.

This technology has been proven safe & effective and post care consists of a mineral sunscreen for daily use and avoiding direct sun exposure for the first 24 hours after the ADVATx treatment. Generally avoiding sun exposure is a must for skin health and to protect your investment.



Remodeling with ADVATx to Restore Skin Health & Prep for Rejuvenation Technologies



Excessive Movement & Surface Changes & Volume Loss
 Pre & Immediately Post ADVATx #1, 2 weeks post Dysport
 Planned Treatment for: Melasma, Skin Laxity, Mild Volume Loss



Structure & Surface Changes & Excess Movement & Volume Loss
 Pre & Immediately Post ADVATx #1- & 2-weeks post Dysport
 Planned Treatment for: Sun Damage, Skin Laxity, Moderate Volume Loss



8/9/19 Pre Treatment 8/10/19 Pre Treatment

Structure & Surface Changes & Fat Redistribution
 ADVATx, x 1 Treatment & Previous AGNES, PRF, IPL RefirmeST



8/6/19 Pre Treatment 8/28/19 Pre Treatment

Structural & Surface Changes & Excess Movement & Volume Loss
 ADVATx & Plasma Fibroblast (Lids) & previous Filler, Dysport, Sculptra, Threads, Refirme ST, IPL, PRF



8/21/19 8/24/19

Structural & Surface Changes

Post: AdvaTx#1 & Mint Thread Lift & Previous Botox, Bellafill, IPL



8/26/19 Pre Treatment 8/27/19 Post Treatment

Structure & Surface Changes & Fat Redistribution
 Post: ADVATx #1, Previous: Dysport, IPL, Refirme ST



July 25, 2019 July 29, 2019

Volume Loss & Surface Changes & Fat Redistribution
 Post AdvaTx #1 & Previous: Dysport, Fillers, Sculptra, AGNES



8/3/19 8/6/19

Excessive Movement & Surface Changes & Volume Loss
 Pre & Immediately Post ADVATx #1, Dysport, Previous PRF, IPL, Refirme ST
 Planned Treatment for: Melasma, Skin Laxity, Mild Volume Loss



8/31/19 Pre Treatment 8/31/19 Post Treatment

Structural & Surface Changes & Excess Movement & Volume Loss
 Post: ADVATx #1 & Dysport w/ Previous: Sculptra, Fillers, Plasma Fibroblast, Refirme ST, IPL, PRF