WELCOME LETTER

Hello! Welcome! We are looking forward to meeting you. Please complete both sides of the patient information sheet. Note that there are different sheets for children and adults. Please complete all information including the name and address of any referring physician(s) to whom you would like a report sent. Please sign all 3 signature lines on the back of the form.

It is very important that you complete the patient history form in full before you come into the office. If the form is incomplete, your appointment may be delayed while we see other patients, possibly, rescheduled. It will take about 10-20 minutes to complete.

Please be sure to bring your insurance card and <u>be prepared to pay your co pay and/or half of any remaining deductible.</u> We accept all major credit cards, cash, and checks.

If your insurance is one that requires a referral, please take care of this prior to your appointment and then follow up with your primary care provider to be sure that this has been taken care of. <u>If</u> there is no referral in place when you come into the office, your appointment may have to be rescheduled.

There are certain medications that must be avoided prior to skin testing. You will find a list of those medications with the new patient paperwork. If you have any questions at all about this list or about any other medications, please call our office and our nursing staff will be happy to discuss your concerns with you.

We want your visit to be a pleasant one! Plan to be in our office for 2-3 hours if you are undergoing allergy testing. All treatment is individualized, and therefore, we can only provide you with time estimates. You may want to bring a book, your laptop (WE HAVE WI-FI!) or if a child, some toys and perhaps a snack.

Due to the fact that we schedule a minimum of 2 hours for your appointment, we ask that you give us a least a 24 hour notice in the event that you are unable to keep your appointment.

Please do not hesitate to call us should any questions arise prior to your visit. Visit our website at www.allergyatlanta.com.

Yours Very Truly,

Allergy and Asthma Consultants, P.C.

IMPORTANT NOTICE REGARDING YOUR INSURANCE COVERAGE

PLEASE CALL YOUR INSURANCE COMPANY AND VERIFY YOUR BENEFITS PRIOR TO YOUR VISIT. WHEN YOU CALL YOUR INSURANCE COMPANY YOU WILL WANT TO SPECIFICALLY INQUIRE ABOUT "ALLERGY TESTING".

IT IS <u>YOUR RESPONSIBILITY</u> TO KNOW THE DETAILS OF YOUR OWN INSURANCE COVERAGE. BE AN INFORMED CONSUMER.

PLEASE CALL IS IF WE CAN BE OF ANY HELP TO YOU!

APPOINTMENT INFORMATION

<u>PLEASE DO NOT WEAR ANY STRONG PERFUMES, SKIN LOTIONS OR OILS.</u> Many of our patients are asthmatics who have severe symptoms from strong odors. Lotions and oils may also make skin testing more difficult.

ANTIHISTAMINE DRUGS (INCLUDING SOME COUGH, COLD AND SLEEP MEDICATIONS) SHOULD BE STOPPED 3 DAYS PRIOR TO YOUR APPOINTMENT. Drugs that contain antihistamine or have antihistaminic effects can result in negative reactions to skin testing. As a result, it may not be possible to properly interpret results of skin testing, and skin testing may have to be repeated at a later date. Common examples are:

CLARITIN AND CLARITIN D (LORATIDINE)
CLARINEX
ALLEGRA AND ALLERGRA D (FEXOFENADINE)
ZYRTEC AND ZYRTEC D (CETIRIZINE)
XYZAL (LEVOCETERIZINE)
BENADRYL (DIPHENHYDRAMINE)
CHLORPHENIRAMINE

THE FOLLOWING SHOULD BE STOPPED 5 DAYS PRIOR TO YOUR APPOINTMENT

HYDROXYZINE ATARAX VISTARIL DOXEPIN

STOMACH ACID REDUCERS (H2 BLOCKERS) SHOULD BE STOPPED FOR 2 DAYS PRIOR TO YOUR APPOINTMENT. Common examples are:

PEPCID (FAMOTIDINE) ZANTAC (RANITIDINE) TAGAMET (CIMETIDINE)

<u>ANTIHISTAMINE EYE DROPS SHOULD BE STOPPED 2 DAYS PRIOR TO YOUR APPOINTMENT.</u> Common examples are:

PATADAY PATANOL BEPREVE LASTACAFT ZADITOR (KETOTIFEN)

ANTIHISTAMINE NASAL SPRAYS SHOULD BE STOPPED FOR 2 DAYS PRIOR TO YOUR APPOINTMENT. Common examples are:

PATANASE ASTELIN (AZELASTINE) ASTEPRO DYMISTA

If you are unsure about any of your medications, feel free to give us a call or check with your pharmacist.