



*For questions or emergency care, please contact us at 985-327-5905.*

### **Ear Wash/Irrigations**

#### **Recipe:**

1. 1 cup of each:
  - a. Water
  - b. White Vinegar
  - c. Alcohol
  
2. 1 Tablespoon of each:
  - a. Hydrogen Peroxide
  - b. Salt

#### **Instructions:**

- Leave mixture at room temperature
- May use a bulb syringe to irrigate ears. These are available at any local drug store or pharmacy
- Irrigate ears as instructed by your physician – usually twice per day