

Laser Hair Removal Aftercare Instructions

*Immediately after treatment, there may be swelling at the treatment site, which may last up to 2 hours, possibly longer. The redness may last up to 2-3 days. The treated area may feel like sunburn. Apply icepacks or gel packs (do not apply direct ice) for the first few hours after treatment to reduce any discomfort or swelling.

*Makeup may be resumed after 24 hours.

*Avoid sun exposure for 48 hours. If you must go in the sun, an SPF of 30 or greater is necessary.

*Do not use any other hair removal treatment products or services (waxing, electrolysis or tweezing) that will disturb the hair follicle in the treatment area.

*Wash with a gentle cleanser and cool water for 48 hours following treatment. Do not scrub.

*Anywhere from 5-10 days after the treatment, shedding of the surface hair may occur and this appears as new hair growth. This is the shaft that was below the skin and is being expelled. It may take 7-10 days for this process to finish.

*There are no restrictions on bathing except to treat the skin gently, as if you had sunburn, for the first 24 hours. At the next visit, it is important to let the Aesthetician know how long the redness lasted after treatment and when significant hair growth was noticed in the area. This information will allow the practitioner to individualize treatments to achieve the desired results.