

## **Dermaplane Aftercare Instructions**

- 1. You may experience slight redness and swelling, which should resolve within 24 hours.
- 2. Mineral make-up can be worn immediately following treatment.
- 3. Avoid heat, saunas, hot tubs and sweaty activity for 24 hours; this includes exercise of any kind.
- 4. Avoid products containing any exfoliating agents (retinoic acid, retinol, tretinoin, retinol, benzoyl peroxide, glycolic acid, salicylic acid, astringents, etc.) for 24 hours after treatment.
- 5. You may resume your regular skin care routine 24 hours after treatment.