

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Lower Extremity Functional Scale

We are interested in knowing whether you are having any difficulty at all with the activities listed below **because of your lower limb problem** for which you are currently seeking attention. Please provide an answer for **each** activity.

Today, do you or would you have any difficulty at all with:

Activities:	Extreme difficulty or unable to perform activity	Quite a bit of difficulty	Moderate difficulty	A little bit of difficulty	No difficulty
1. Any of your usual work, housework or school activities	0	1	2	3	4
2. Your usual hobbies, recreational or sporting events	0	1	2	3	4
3. Getting into or out of the bath	0	1	2	3	4
4. Walking between rooms	0	1	2	3	4
5. Putting on your shoes or socks	0	1	2	3	4
6. Squatting	0	1	2	3	4
7. Lifting an object like a bag of groceries from the floor	0	1	2	3	4
8. Performing lift activities around the house (ex: standing to do the dishes, folding laundry, tidying up)	0	1	2	3	4
9. Performing heavy activities around your house (ex. Vacuuming, sweeping, moping, ect.)	0	1	2	3	4
10. Getting into or out of the car	0	1	2	3	4
11. Walking 2 blocks (about 1/6 of a mile)	0	1	2	3	4
12. Walking 1 mile	0	1	2	3	4
13. Going up or down 10 steps	0	1	2	3	4
14. Standing for 1 hour	0	1	2	3	4
15. Sitting for 1 hour	0	1	2	3	4
16. Running on even ground	0	1	2	3	4
17. Running on uneven ground	0	1	2	3	4
18. Making sharp turns while running	0	1	2	3	4
19. Hopping	0	1	2	3	4
20. Rolling over in bed	0	1	2	3	4

# TO BE COMPLETED BY PHYSICAL THERAPIST:

## Scoring:

The columns on the scale are summed to get a total score. The maximum score is 80

## Interpretation of Scores:

- The lower the score the greater the disability
- The minimal detectable change is 9 scale points.
- The minimal clinically important different is 9 scale points
- % of maximal function= LEFS score/80\*100

Patients Total Score: \_\_\_\_\_

Disability Rating: \_\_\_\_\_

Modifier Code	% impaired, limited or restricted
CH	0%
CI	1-19%
CJ	20-39%
CK	40-59%
CL	60-79%
CM	80-99%
CN	100%