

Turtle Healing Band Clinic



“Personalized Care for Optimal Health”

MAGNETIC SLEEP PADS

The Earth’s Magnetic Field

Over the last 165 years, scientists have measured the Earth’s magnetic field and have recorded a decline of its’ strength. Today the magnetic field of the Earth is measured at 0.5 gauss. It is estimated that the field of the Earth 4,000 years ago was 5.0 gauss. That is a decrease of 90%.

Why do you need Magnetism?

There are only two natural sources of magnetism available to you: (1) your brain; and (2) the earth. 80% of the human brain is composed of Astrocyte cells. These cells have the capacity to generate electricity and produce a pulsed, electro-magnetic field (“PEMF”) with efficiency. The Earth is your other source of magnetism. It provides a supportive, steady state, magnetic field, which your body draws on to enhance molecular reactions. These two magnetic fields work together to create magnetic resonance, which enhances chemical reactions of the body.

What is “Magnetic Resonance”?

Magnetic resonance occurs when the brain’s pulsed magnetic frequency matches the frequencies of various tissues and organs. This is accomplished in 90 to 100-minute cycles, mostly while we sleep. Magnetic resonance is desirable because it helps repair damage done to cells, makes enzymes, and enhances immunity.

Why do we need to augment naturally occurring Magnetism?

There are two major factors adversely affecting magnetic resonance:)1) a gradual cyclic decline in our geomagnetic field has left the atoms of our bodies in a lower energy state, making it more difficult for magnetic resonance to occur (e.g., It is estimated that we have lost 70-80% of our magnetic field in the last 4000 years); and (2) in this technological age, your body is exposed to higher and stronger the outside electromagnetic frequencies more than ever before. These frequencies override the vital brain function of magnetic resonance with your organs and tissues and leave you in a fatigued state that, over an extended period, can contribute to the development of chronic ailments.

How can you restore the Magnetic Field your body needs?

These deficiency states can be overcome by exposing your body to an enhanced steady state, magnetic field (much like the Earth’s) during sleep. In North America, the magnetic field must be pure negative and completely pass through the body in order to complement the negative field of the Northern Hemisphere. A unipolar magnetic sleep pad will ensure your body receives the magnetic energy it needs for organ and tissue restoration.

Why use a Magnetic Sleep Pad?

Restoring this geomagnetic field is as important to your health and vitality as the quality of the air, water, and food that you consume. It is important that your body receives an adequate supply of this vital energy source while you sleep. Sleep is the vital time in which your brain cycles through all the various frequency harmonics in the tissues of your body. One sweep through all body tissues constitutes a sleep cycle, partially restoring the charge on your fatigued cells from your daily mental and physical activities. After all the sleep cycles are completed, your body is re-energized and ready to face the coming day. Think of a magnetic sleep pad as a powerful engine in your car. It gets you up hills faster and with less wear and tear!

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Health and Magnetism Studies¹

1. The University of Virginia completed a large study treating fibromyalgia patients with magnetic pads. They tested both the bipolar and unipolar types of pad for their effectiveness in the reduction of pain and enhancement of function. This was a random, placebo-controlled study that showed an improvement in function as well as a reduction of pain at the end of the 6-month study. Only the unipolar pad showed a significant reduction in pain and increase in function when compared to the placebo pads.
2. In 1999, Dr. Dean Bonlie demonstrated the effect of a reduced magnetic field on mice. He used a specially designed cage designed to block out magnetic fields. In doing so, he created an environment that reduced the magnetic field of the earth to 1/10 its present value. He then placed six, 6-month old mice in the cage and found that they went into “slow motion.” One mouse died in 7 days and within 2 months the others compensated for their lack of energy by eating twice as much food, which made them very obese, but this still left them slowed down by about 60%.
3. A researcher working on Project Genesis for The World Development Organization, tested for longevity in enhanced magnetic fields. In testing 23 different species of insects, he found he could increase their life span by 5 times on average in comparison to the control group. He was also able to increase the life span of human tissue cells by 2.5 times.
4. Dr. G. Lewis, MD conducted a double-blind study with 29 of his fibromyalgia patients. 20 used a unipolar sleep pad and 9 used placebo pads. At the end of a 6-month period, the patients using the unipolar sleep pads showed an average of 2.4 times the improvement. This included pain reduction, better sleep, less fatigue, and the ability to do more hours of work.
5. Dr. C. DeMarco, MD of Toronto conducted a small pilot study with her 6 most debilitated chronic fatigue patients. At the end of 6 months, all patients using the unipolar sleep pad showed improvement in 3 out of 5 dysfunctions; one patient improved in all categories (e.g., sleep, sense of well-being, hours of work, fatigue after exercise, and cognitive ability). 3 out of 6 patients were able to return to work.

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