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Phone 206-762-4823 fax 206-458-6007

## Health Care and Payment Options

### Insurance Pay

All of our providers may be covered as out-of network providers depending on your plan\*. Dr. Crawford sees patients once they enroll into her comprehensive health programs. To inquire about becoming a patient of Dr. Crawford, schedule a free, informational consult. Dr. Kotarski, Dr. Ghormley, and Phil Cohen are currently in-network with a limited number of health insurances and some of their services may be partially or completely covered depending on your plan\*.

*\*Please be aware that we have no control over whether services we provide to you will or will not be covered by insurance either in or out-of-network. Coverage is determined by your specific insurance provider and the specific plan you have. Information provided to you by your insurance company is not a guarantee of coverage. Any amounts due will be determined by your insurance company and even after any amount covered, your out-of-pocket responsibility could be higher than our Time-of-Service rate. To avoid surprise billing due to rejected insurance claims, consider our other flexible payment options outlined herein.*

### Private Pay

Some patients find our private pay (non-insurance) options a better fit to allow them to meet their health care goals worry-free. We offer 'Time of Service' savings, which means that the fee is reduced as a courtesy for patients who pay at the time of their appointment. A single visit might be sufficient for an acute health issue (such as a sinus or bladder infection) but for most health issues, a few visits may be necessary to fully assess your health, develop a treatment plan and then review how it is working for you and make any necessary adjustments. Please see the back of page for our private pay, Time-of-Service prices.

### Visit Packages

Packages allow our patients to prepay for a number of visits and receive an even greater savings beyond the Time-of-Service rate. Packages cover your office visits and treatment plan only. Products, supplements and laboratory services are not included in visit packages. Please see back of page for current package prices.

### Comprehensive Health Programs

Here at NaturKur we strive for the best care and health outcomes for our patients. We found through experience that patients' health and wellness significantly improved when they were provided with comprehensive care beyond what insurance or single visits cover. This led us to the development of patient-centered, outcome-driven health programs. These are all-inclusive of visits, team care, coaching, labs, supplements, support materials and products, and more. Programs range in price from \$1,997-\$14,497 and are individually tailored to each patient. Please see back of page for a list of program options. For more information on how you can accelerate your results with a Naturkur Comprehensive Health Program and receive a custom quote, schedule a free informational consult with us!

### Payment types and financing

We accept all major credit cards and Health Savings Account (HSA) and Flexible Spending Account (FSA) cards. We also accept checks or cash and we use Greensky for interest-free financing options for amounts of \$1,000 or more. If you are under financial hardship, we offer a limited number of sliding-scale options. For more information call or email the front desk to find the best fit for your budget.

## 2020 Prices and Packages\*

Dr. Ghormley	Visit Type	Fees (billable to insurance)		Time-of-Service Reduced Fee	3-Pack	5-Pack	10-Pack
	FOC	\$526.50	— \$754	\$405	x	x	x
	ROC	\$417.50	— \$520	\$350	x	\$1,225	\$2,100
	Trigger Point Injection	x		\$295	\$708	x	x
	Prolotherapy	x		\$395	\$948	x	x
	Cold Laser	x		\$125	\$300	x	x
Dr. Kotarski	Visit Type	Fees (billable to insurance)		Time-of-Service Reduced Fee	3-Pack	6-Pack	12-Pack
	FOC	\$555		\$385	\$905	x	x
	ROC	\$475		\$330	\$795	\$1,395	\$2,495
Dr. Kampfe	Visit Type	Fees (billable to insurance)		Time-of-Service Reduced Fee	3-Pack	6-Pack	12-Pack
	FOC	x		\$200	x	x	x
	ROC	x		\$150	\$400	\$700	\$1,200
Phil Cohen	Visit Type	Fees (billable to insurance)		Time-of-Service Reduced Fee	4-Pack	8-Pack	12-Pack
	FOC	\$230		\$150	x	x	x
	ROC	\$120		\$100	\$360	\$680	\$960

*\*Prices are subject to change without notice.*

## Comprehensive Health Programs\*\*

The 10:10 Diabetes-Free Program—Lose about 100 pounds in 10 months and recover your total health!

Total Health Renewal—Lose weight and recover your metabolic and hormone health!

The Crawford Metabolic Repair Protocol—Effective medical weight loss!

The Crawford Hormone Revitalization Method—Expert adrenal and hormone balancing!

*\*\*Disclaimer: Results cannot be guaranteed due to the variables that exist such as genetic differences, complexity, and compliance.*