



wish you a
Happy New Year

ALABAMA VEIN & RESTORATION MEDSPA

... a dedicated center of excellence

Prattville - Tuscaloosa - Birmingham - Oxford - Cullman
1.877.268.8346

www.alabamaveincenter.com

January 2019 Ed.



6 January Specials!



10 SkinPen Package on sale, what can you expect with your treatment

SkinPen[®]

by Bellus Medical

5 Give Yourself the Gift of a New Silhouette with WarmSculpting



ALABAMA VEIN & RESTORATION MEDSPA

4721 Chace Circle, Hoover, AL 35244

P:(205) 823-0151 * F:(205) 823-5218 * www.alabamaveincenter.com

At Alabama Vein & Restoration Medspa, our goal is to improve the quality of life of our patients. We utilize cutting edge technology and the most advanced venous procedures to establish an accurate diagnosis and for successful treatment.

We strive to provide compassionate, comprehensive vein treatments for patients with venous insufficiency, venous ulcers, and spider veins. As a team comprised of physicians, physician assistants, and other medical staff, we work from the top to the bottom to achieve our goal of taking care of our patients in the most pleasant and efficient way possible.

Conditions Treated

Varicose Veins • Spider Veins • Venous Ulcers • Stasis Dermatitis

Vein Treatments Offered



- * Ultrasound Guided Sclerotherapy
- * Varithena
- * Microphlebectomy
- * Veinwave
- * EVLA
- * Cosmetic Sclerotherapy
- * Compression Therapy
- * Venoseal

C. Austin Hunt II, M.D., F.A.C.S., RPVI * Sylvia Eldridge, PA-C * Jamie Gober, PA-C



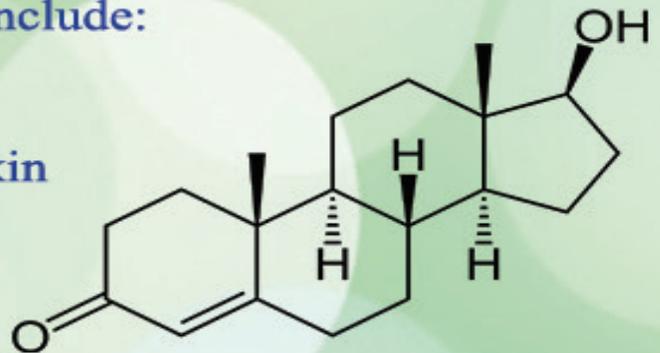


We also offer Hormone Replacement Therapy

As the levels of hormones decline, so do our physical and mental capabilities. We lose our energy, vitality, strength, physique and health. By restoring these hormones to their youthful levels, it is possible to restore our zeal and energy as well as to strengthen and bolster our bodies and minds.

Hormonal Deficiency Symptoms Include:

- Weight Gain
- Loss of Muscle Mass
- Wrinkling and Thinning of the Skin
- Depression and Stress
- Loss of Sex Drive
- Fatigue
- Sleep Disorders



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29.99



59.99



99.99



44.99



59.99



59.99



75.99

ALABAMA VEIN & RESTORATION MEDSPA

We offer CBD product formulas for pain relief, inflammation, sleep and relaxation, and by itself in different dosages to maximize benefits of CBD oil all in easy to use tinctures, capsules, or rub in formulas!

ABOUT CBD

Cannabidiol, more commonly known as CBD, is by far one of the most studied compounds of the 116-plus known cannabinoids found in industrial hemp.

Being a natural compound of the plant, it can comprise up to 40 percent of hemp. Unlike THC, CBD is non-intoxicating, which means it will not get you high.

CBD is often regarded as the single most crucial cannabinoid ever discovered. With on-going research, the list of uses continues to grow, giving more and more hope to those looking to enhance their overall quality of life.

Whether it's to maintain general well-being or becoming more proactive with a daily wellness routine, there are various ways in which CBD oil is useful.

Based on your needs and preferences, you can apply CBD and other cannabinoids through different methods. Your choice of administration can affect how CBD works with your body; common ways of administering CBD is through ingestion, sublingual, inhalation, and topical.

Your body's absorption of CBD from the application area into the bloodstream is known as its bio-availability – maximizing bioavailability means allowing more CBD to be readily available for bodily use. Taking CBD through various means changes its bioavailability; however, choosing the best method of use for your needs will help ensure that you'll receive the most support from properly sourced CBD.

Give Yourself the Gift of a New Silhouette with WarmSculpting (Buy 1 area, get 2nd area 50% OFF!)



What is WarmSculpting with SculpSure?

WarmSculpting with SculpSure targets stubborn pockets of body fat without the need for surgery, contouring your body as it goes. A quick, easy, 25-minute treatment, the WarmSculpting system delivers laser energy to the fat cells beneath your skin, killing them with no effects to the skin's surface layer, the epidermis. Fat cells don't regenerate after they die, so once the WarmSculpting technology targets them, those cells are gone forever.

WarmSculpting with SculpSure is a type of lipolysis, or the process of killing and eliminating fat cells. The SculpSure laser gets as hot as 116.6 oF and essentially "melts" fat away — if that sounds too good to be true, consider there's a 90 percent patient satisfaction rate!

Even though the laser is hot, you won't need anesthesia for a WarmSculpting treatment. Most patients report only a warm, tingling sensation that's generally well-tolerated.

You may start seeing results just a couple weeks after your WarmSculpting treatment, but optimal results generally appear about 12 weeks after the procedure. At that point, your lymphatic system flushes out the dead fat cells as waste, and your new silhouette starts taking shape. You may need several follow-up sessions to achieve your desired results.

January 2020 Specials! Celebrate a New Year...

Permanent Makeup \$50 OFF

Bioidentical Hormone Replacement \$50 OFF consultation

Ladies! Celebrate you this new year, with a customized facial \$55

three for me™
LASER TREATMENTS

*A brighter solution
for dull skin*



three for me™ LASER TREATMENTS
Before & After 4 Tx
Courtesy of S. Chilukuri, MD

Three for Me Laser Package \$2257
(includes Neostrata 3 month Post Skincare Kit)



Laser Hair Removal
(Buy 1 area, get 2nd area 50% OFF!)

Sculpt away the holidays with a WarmSculpting package
(Buy 1 area, get 2nd area 50% OFF!)

Belly - Thighs - Love Handles - Back - Chin



25 MINUTE
BODY
CONTOURING

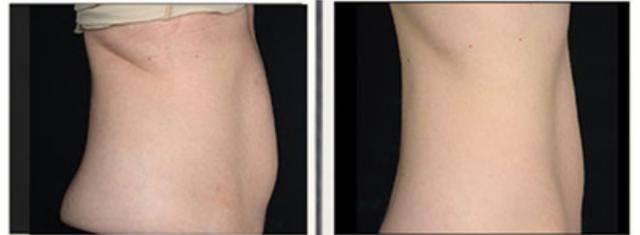


Photo courtesy of Christina Matter, MD
North Texas Dermatology, Plano, Texas

Photo courtesy of Christina Matter, MD
North Texas Dermatology, Plano, Texas

BEFORE

AFTER

SkinPen
BY BELLUS MEDICAL



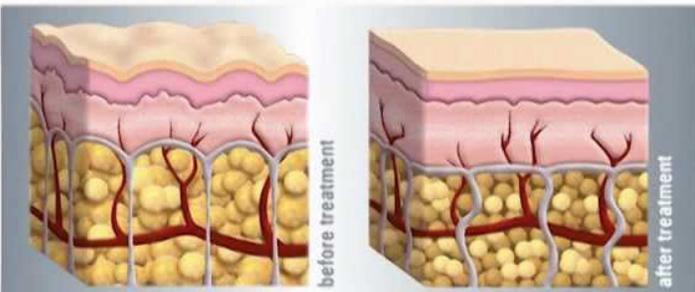
CLEAN SLATE.

CLEAR SKIN.

SkinPen package of 3 \$1195 and receive a Free Avene Skincare Kit
(savings of \$200)

Purchase a package of 10 treatments per area and receive a Full Size Glytone Day & Night Smoothing System (\$78 value)

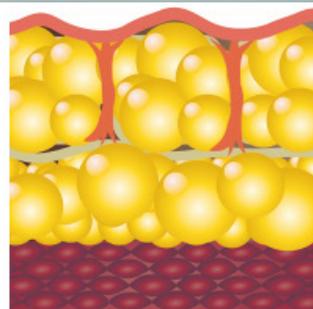
The high energy radial shockwaves consists of two different parts – positive pressure pulse and a comparatively small tensile wave component. The shockwave squeezes the surrounding tissue and breaks the grid structure of the molecules. The tensile wave leads to a collapse of the gas bubbles within the fat structures (cavitation), which re-expand after the high energy radial shockwaves and thus ensure a destabilization of the fat structures.



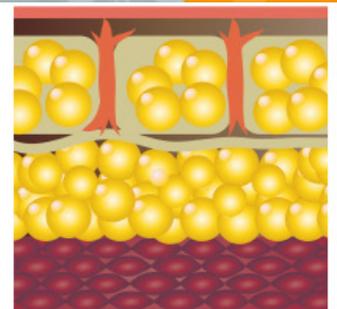
before



after



before



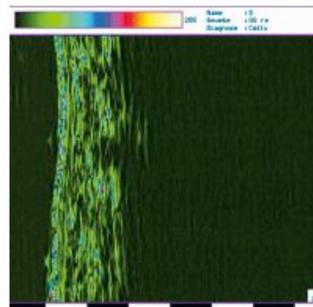
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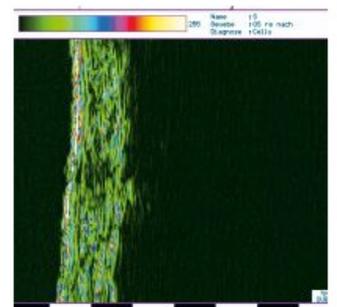
before



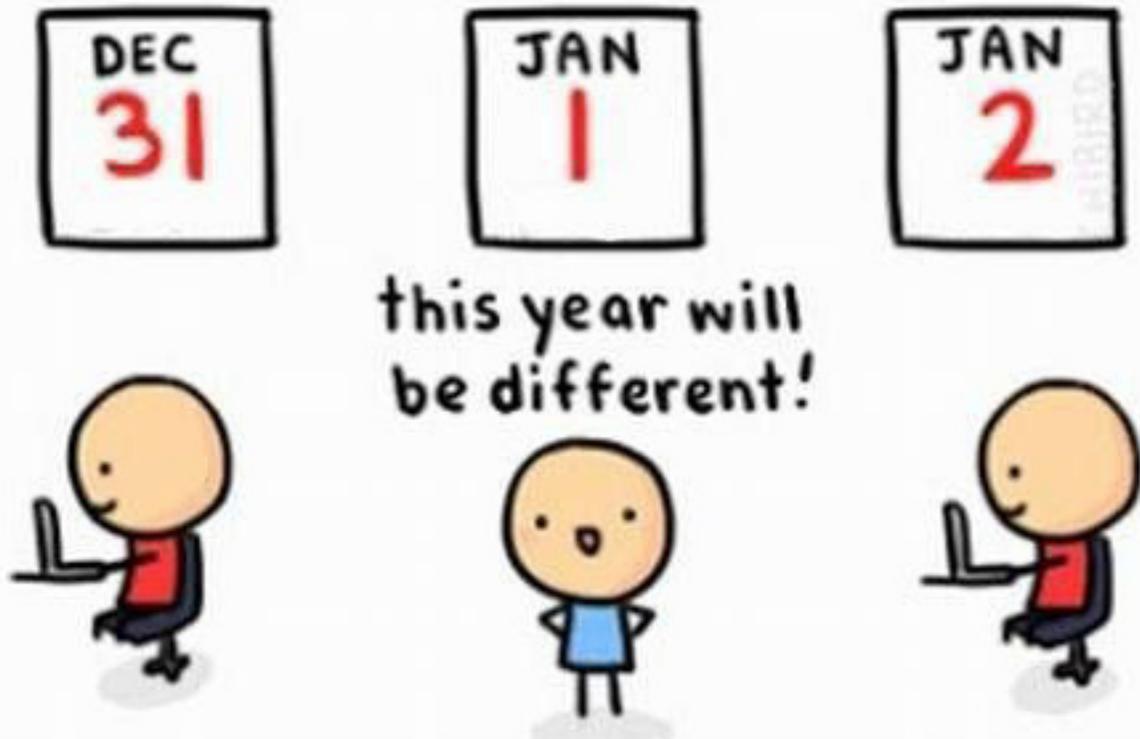
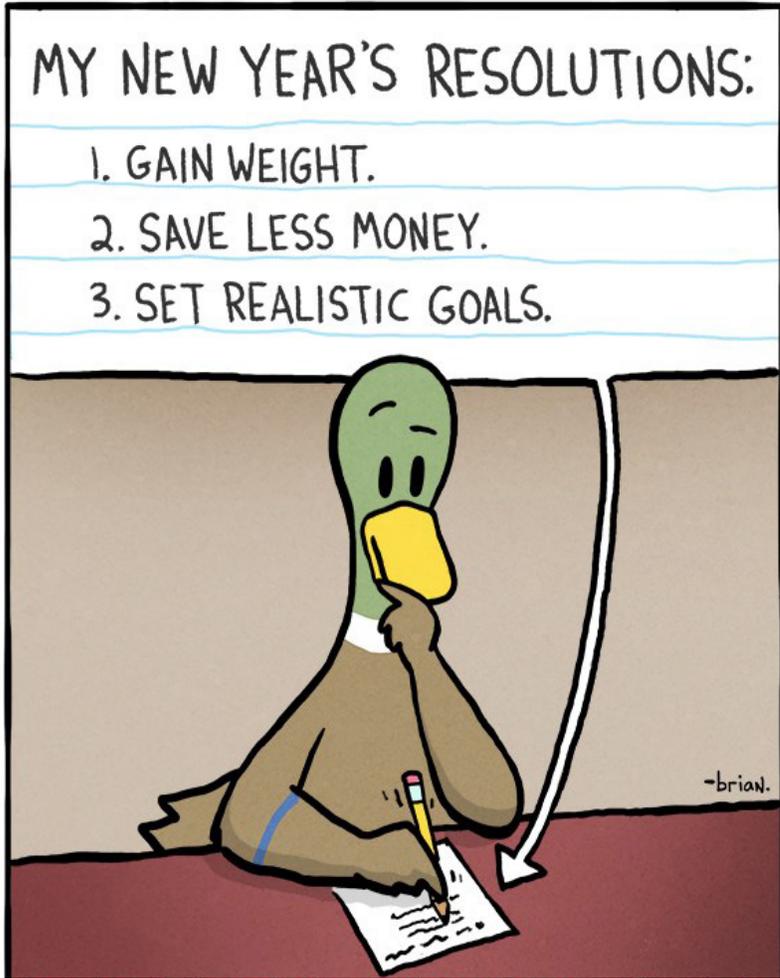
after



before



after



Mouth-Watering Stuffed Mushrooms

Prep
25 min
Cook
20 min
Ready
45 min
Servings
12



Recipes

Recipe by Angie Gorkoff

Ingredients:

- 12 whole fresh mushrooms
- 1 Tbsp vegetable oil
- 1 Tbsp minced garlic
- 1 (8 ounce) package cream cheese, softened
- 1/4 cup grated Parmesan cheese
- 1/4 tsp ground black pepper
- 1/4 tsp onion powder
- 1/4 tsp ground cayenne pepper

Directions:

Preheat oven to 350 degrees F (175 degrees C). Spray a baking sheet with cooking spray. Clean mushrooms with a damp paper towel. Carefully break off stems. Chop stems extremely fine, discarding tough end of stems.

Heat oil in a large skillet over medium heat. Add garlic and chopped mushroom stems to the skillet. Fry until any moisture has disappeared, taking care not to burn garlic. Set aside to cool.

When garlic and mushroom mixture is no longer hot, stir in cream cheese, Parmesan cheese, black pepper, onion powder and cayenne pepper. Mixture should be very thick. Using a little spoon, fill each mushroom cap with a generous amount of stuffing. Arrange the mushroom caps on prepared cookie sheet.

Bake for 20 minutes in the preheated oven, or until the mushrooms are piping hot and liquid starts to form under caps.

SkinPen[®]
by Bellus Medical

Experience the difference

Beautiful,
lasting results



What you can expect from your SkinPen[®] Precision Microneedling Treatment

SkinPen package of 3 \$1195 and receive a Free Avene Skincare Kit (savings of \$200)

- Little to no downtime.
- Effective for all skin types, light to dark.
- Comfortable experience.
- Short procedure time.
- Ideal any time of the year.
- Real results from a safe, natural and minimally invasive procedure.
- Clinically proven safe and effective.
- 90% of subjects in a clinical trial said they would recommend SkinPen treatment to friends and family.



The **ONLY** Class II, FDA cleared microneedling device.
Ask for SkinPen[®] by name.



FEMALE | 6 PROCEDURES

Photos courtesy of: Cathy A. Presnick, Licensed Aesthetician;
A Perfect Complexion, LLC, Melbourne, FL



FEMALE | 3 PROCEDURES

Photos courtesy of: Christy Bunyan, Licensed Aesthetician;
North Texas Dermatology, Plano, TX

*"For the first time in my life
I've received compliments on my skin
from my SkinPen treatments."*

- SkinPen[®] patient, after 3 procedures
for acne scars, Dallas, TX



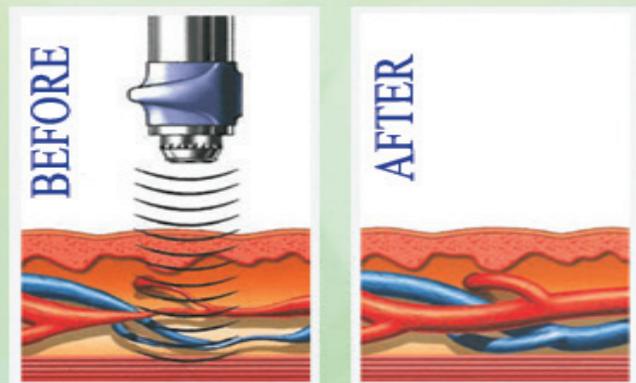
**ALABAMA VEIN
& RESTORATION MEDSPA**

Zimmer Zwave

A Safe, comfortable and proven procedure for men & women to optimize sexual performance and to reverse the effects of sexual dysfunction due to poor blood flow and microplaque formation.

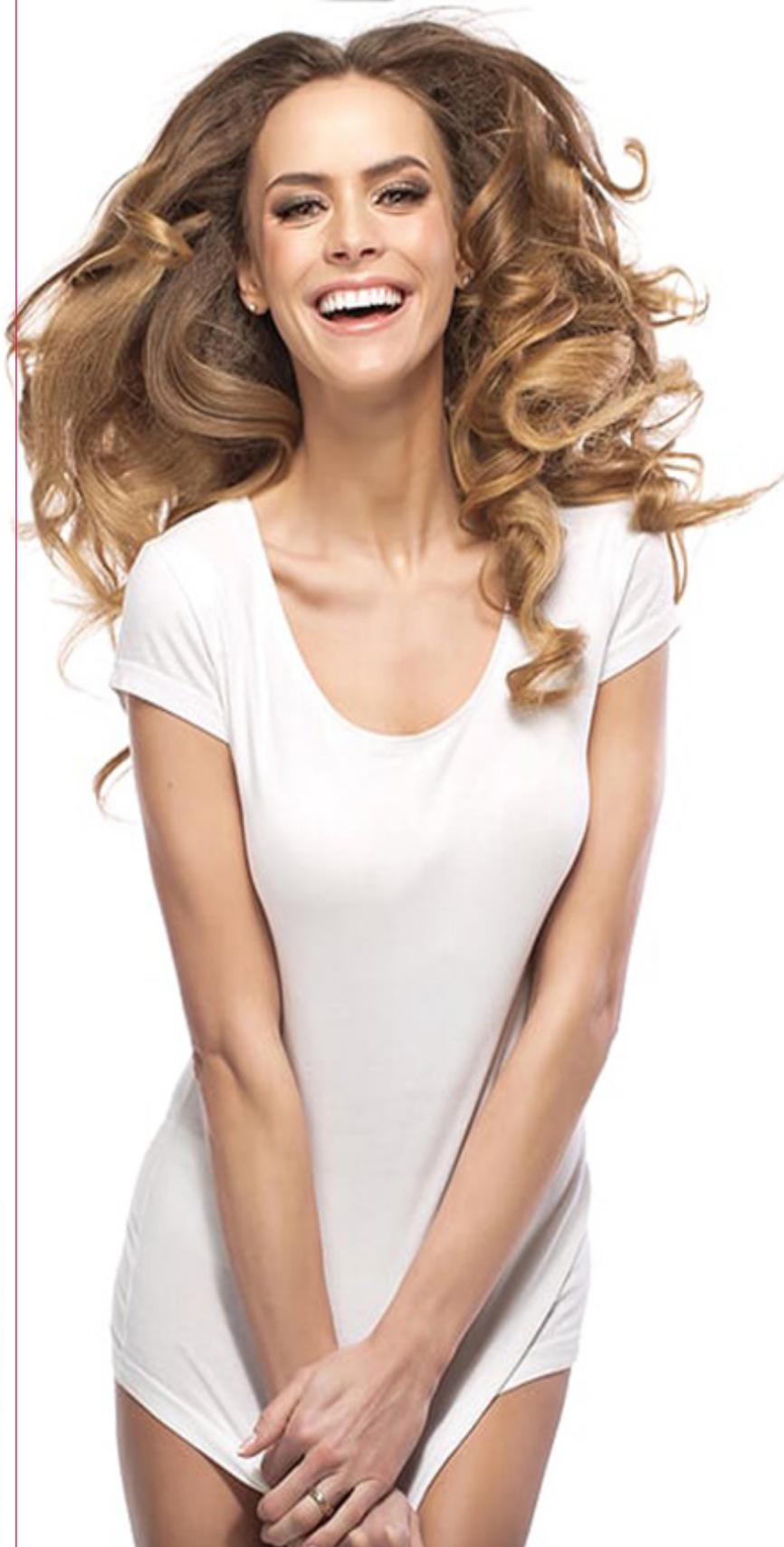
Treats symptoms of:

- Erectile Dysfunction
- Female Sexual Dysfunction
- Incontinence and Menopause
- Peyronie's Disease



How it works ?

The Zimmer Zwave procedure breaks up plaque formation in blood vessels and stimulates the growth of new blood vessels. This increases the blood flow to the area and improves sexual function. In addition, the Zwave procedure activates the growth of new nerve tissue which enhances sensitivity.



PRP Intimate Shot for Him and Her!
Now available at
Alabama Vein & Restoration Medspa!



What Benefits Can a Woman Have from the PRP Intimate Shot?

- Decreased or completely resolved pain during sex (dyspareunia)**
- Increased ability to have vaginal orgasms**
- Greater arousal from clitoral stimulation**
- A tighter more elastic vaginal canal**
- Decreased or resolved overactive bladder and/or urinary incontinence**
- Stronger and more frequent orgasms**
- Increased natural lubrication**



What Benefits Can a Man Have from the PRP Intimate Shot?

- Increases hardness of erection**
- Increases sexual stamina**
- Improves circulation and blood flow**
- Increases sensation and pleasure**
- Reduces the time between erections**
- Restores self-confidence**
- Improves or eliminates urinary incontinence**
- Enhanced appearance**
- Increases size and girth, results may vary**

Recommended Businesses in our Spotlight:



Chace Lake Family Dentistry
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 Website : chacelakefamilydentistry.com
 Phone: (205) 989-0090
 Email: chacelakefamilydentistry@gmail.com
 Address: 1871 Chace Dr
 Hoover, AL 35244



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 Michael Hanna, MD
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 Anniston, Alabama 36207

Thank you for all of your loyalty and support. Without you all we would not be where we are today. We are very grateful to every one of you and hope that we can continue to provide vein care for you and and your loved ones. If you have any problems, questions, or concerns, you can contact us anytime. Have a great month! 205-823-0151