

2020 CHILDBIRTH CLASSES:

Our office recommends first time parents enroll in a Childbirth Class, whether you are having one baby or multiple babies, or whether you are planning on a vaginal delivery or cesarean section. This class is meant to be fun, light-hearted, and informative.

Topics Addressed:

- Prepare expectant mothers and their partners for childbirth.
- Discuss hospital routine and policy.
- Discuss vaginal delivery and cesarean delivery
- Discuss natural labor vs pain control vs anesthesia
- Discuss post-partum care
- Private tour of Texas Women's Center (Labor/Delivery, Postpartum, Nursery.)

Class Information:

Schedule: Two Consecutive Wednesdays. 6:30 pm - 9:30 pm (Feb, March, April, July, Nov); OR, One Saturday all day class from 9:00am-4:00pm (Jan, May, June, Aug, Sept, Oct, Dec)

Location: Austin Area OB/Gyn office waiting room (suite #100)

Price: \$100 per couple; Cash or Check (Checks Payable to Kristie Willis) or Venmo: may pay at class or drop off with nurse ahead of time

Wednesday Classes

January 8th & 15th

March 4th & 11th

April 8th & 15th

July 8th & 15th

September 2nd & 9th

November 4th & 11th

Saturday Classes

February 1st

May 16th

June 13th

August 8th

October 3rd

December 5th

Registration:

Voice, Text, or Email Options:

Phone: (512) 775-4677 (Voice/Text)

Email: kristie.classes@gmail.com

OFFICE REGISTRATION INFORMATION

Patient's/Partner's Name: _____ OB: _____

Date Requested: _____ Phone/Mobile/Email: _____