SAGGING SKIN

DR. RAFAEL CABRERA, M. D., FA.C.S

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"THE DEGREE OF INTERVEN-TION SHOULD MATCH THE DEGREE OF CORRECTION REQUIRED OR DESIRED. THE MOST IMPORTANT ASPECT OF NONINVASIVE TREAT-MENTS IS TO HAVE REALISTIC EXPECTATIONS."

Many people desire aesthetic improvement. There is definitely a wish for some sort of enhancement, but maybe just something simple to start—a refresher. Perhaps there has never been any cosmetic work done, and now there is an interest in putting one toe in the water, instead of just diving into the deep end. With a very busy schedule, there is little time available and an unwillingness to assign whatever time is left to personal aesthetics.



DOCTOR IN-OFFICE TREATMENTS

ESSENTIAL LIFT

or those who may not be ready for a more invasive approach or do not have the luxury of down time, the "Essential Lift" is the perfect solution. Dr. Cabrera offers an adjustable scale of lifts, tailored to individual needs and objectives as well as ages. For the younger client, a beginner procedure combines state-of-the-art surgical techniques and the latest noninvasive therapies. It requires only local anesthesia together with one pill sedation. Recovery can be complete within 7-10 days and patients can resume regular activities. For optimal results, it is recommended that the procedure be combined

with the use of injectable fillers, Botox and photofacials. Patients love the results and appreciate the low-stress, anxiety-free process and of course painless local anesthetic approach.

A wide array of minimally invasive injectable treatments are also available. Best used as adjuncts or maintainers of a good surgical result, they are also effective if used early in the aging process. These include all the newest volumizers and wrinkle treatments such as Radiesse, Sculptra Aesthetic, Botox, Dysport, Restylane, Elevess, Perlane and Juvederm.

GRADUAL RESULTS AT HOME

"Doctor recommended"...a powerful term and especially so in the area of skincare. With so many products on the market, consumers have multiple choices, but the ones available here, through our office, are particularly advantageous. We are able to bring you medical grade formulations, which contain a lower PH and generate cell renewal quicker. When compared to over-the-counter products, the results are longer lasting and more immediate.

These products and others are available through our office and are invaluable assets as follow-up maintenance and enhancers to cosmetic procedures.



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