

Name: _____ Date of Birth: _____ Age: _____

Health History

Please fill in the blanks and circle the option in italics that applies to you.

Reason for your visit: _____

How did you hear about us? _____

Do you have any known allergies to medications, latex, or food? *Yes No*

Allergy: _____ Reaction: _____ Date of first reaction: _____

Allergy: _____ Reaction: _____ Date of first reaction: _____

Allergy: _____ Reaction: _____ Date of first reaction: _____

Allergy: _____ Reaction: _____ Date of first reaction: _____

Are you taking any prescribed medications, over the counter medications, vitamins, or supplements? *Yes No*

Name: _____ Dosage: _____ Frequency: _____

Name: _____ Dosage: _____ Frequency: _____

Name: _____ Dosage: _____ Frequency: _____

Name: _____ Dosage: _____ Frequency: _____

Name: _____ Dosage: _____ Frequency: _____

Personal Health History

Please circle any problems you have been diagnosed with or are taking medications to treat.

Acid Reflux	Diabetes Type 1	Liver Disease
Acne	Diabetes Type 2	Lung Disease
Anemia	Eating Disorders	Osteoporosis
Anesthesia Complications	Eczema	Ovarian Cancer
Anxiety Disorder	Endometriosis	Polycystic Ovaries
Arthritis	Fibromyalgia	Polyps
Asthma	GI Problems	Preeclampsia
Autoimmune Disorder	Headache Migraines	Psychiatric Condition
Birth Defects	Heart Disease	Seizures
Bladder Problems	Heart Problems	Skin Disorders
Blood Clots	Hepatitis	Stroke
Blood Disorders	High Cholesterol	Thrombophilia
Blood Transfusions	High Blood Pressure	Thyroid Problems
Breast Cancer	Infertility	Uterine Anomaly
Breast Problems	Inherited Disease	Varicosities
Cancer: Type _____	Kidney Problems	
Depression	Kidney Disease	

GYN History

Age of first period: _____

Duration of period: _____

1st day of your most recent period: _____

Approximate Definite Unknown

Days between cycle: _____

Flow: *Heavy Medium Light*

Cramps: *Mild Moderate Severe*

Bleeding between periods: *Yes No*

Sexually active: *Yes No*

Bleeding after intercourse: *Yes No*

Pain with intercourse: *Yes No*

Date of last pap smear: _____

Results: *Normal Abnormal*

History of abnormal paps: *Yes No*

Date of abnormal: _____

Current birth control method: _____

Desired method of birth control: _____

HPV Vaccine completed: *Yes No*

History of STDs/STIs: *Yes No*

If yes, please list: _____

Date of last mammogram: _____

Results: *Normal Abnormal*

If post menopausal, age at menopause: _____

On hormone replacement therapy: *Yes No*

Date of last colonoscopy: _____

Results: *Normal Abnormal*

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Past Pregnancies

Number of pregnancies: _____ Number of miscarriages: _____
 Number of full term deliveries: _____ Number of abortions: _____
 Number of premature deliveries: _____ Number of live births: _____

Ectopics, Abortions, and Miscarriages:

Ectopic Miscarriage Abortion Date: _____ Required surgery: Yes No
 Ectopic Miscarriage Abortion Date: _____ Required surgery: Yes No
 Ectopic Miscarriage Abortion Date: _____ Required surgery: Yes No
 Ectopic Miscarriage Abortion Date: _____ Required surgery: Yes No

Deliveries:

Date	Length of Pregnancy	Length of Labor	Cesarean or Vaginal	Anesthesia If so, what type?	Birth Weight	Sex	Complications (Heavy bleeding, vaginal tears, forceps, preeclampsia etc.)

Family Health History

Please list any chronic medical conditions in your family (like cancer, diabetes, high blood pressure, etc.), who the person is, and if they are on your maternal or paternal side of the family.

Disease: _____ Family Member: _____ Age of Onset: _____ Living Deceased
 Disease: _____ Family Member: _____ Age of Onset: _____ Living Deceased
 Disease: _____ Family Member: _____ Age of Onset: _____ Living Deceased
 Disease: _____ Family Member: _____ Age of Onset: _____ Living Deceased
 Disease: _____ Family Member: _____ Age of Onset: _____ Living Deceased
 Disease: _____ Family Member: _____ Age of Onset: _____ Living Deceased

Social History

Tobacco use: *Never Current Former*
 Packs per day/week: _____
 Years of use: _____
 If former, date you quit: _____
 Smokeless tobacco: *Never Current Former*
 If yes: *Chew Snuff*
 E-Cig/Vape use: *Never Former Current*
 Occupation: _____
 Highest level of education: _____
 Current student: Yes No
 School name: _____
 Marital Status: _____
 You live: *Alone With others*
 Currently employed: Yes No

Alcohol use: Yes No
 Number of drinks per day/week: _____
 Max number of drinks at one time: _____
 Caffeine Intake: Yes No
 Number of drinks per day/week: _____
 Recreational drug use: Yes No
 Type: _____
 I prefer to have sex with: *Men Women Both*
 # of sexual partners in the last year: _____
 Protected sex: *Always Usually No*
 You perform monthly self-breast exams: Yes No
 You always wear your seat belt: Yes No
 Exercise Level:
None Occasional Moderate Heavy

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Dietary Restrictions: Yes No
If so, what kind: _____

You are afraid of your partner: Yes No
Someone close to you has threatened to hurt you:
Yes, recently
In the past, but no longer a concern
No

Someone has forced you to have sex:
Yes, recently
In the past, but no longer a concern
No

Someone has hurt you physically:
Yes, recently
In the past, but no longer a concern
No

Surgical History

Please circle all that apply and write the date of the surgery

Abdominoplasty	Ectopic Pregnancy	Oophorectomy
Appendectomy	Endometrial Ablation	Oral Surgery
Breast Biopsy	Endometrial Biopsy	Orthopedic Surgery
Breast Implants	Gallbladder Removal	Ovarian Cystectomy
Other Breast Surgery	Hysterectomy	Thyroid Surgery
Cesarean Section	LEEP	Tonsillectomy
Colonoscopy	Laparoscopy	Tubal Ligation
Colposcopy	Laparotomy	Wisdom Teeth Removal
Cryotherapy	Mastectomy	
Dilation and Curettage	Myomectomy	
Other: _____		

Pregnancy Related Social History

Please complete if you are currently pregnant

A blood transfusion is acceptable in an emergency: Yes No
You have consumed alcohol or marijuana since your last period: Yes No
You have used illicit drugs since your last period: Yes No
Name of spouse/father of the baby: _____ Phone Number: _____

Staff Use Only:

H: _____ W: _____ BP: _____ T: _____

Pharmacy: _____

Notes: _____