



PRE-TREATMENT/POST-TREATMENT INSTRUCTIONS

Precautions Before and After Laser Treatment

The area being treated cannot be exposed to the sun. For 1064-nm wavelength treatment, avoid sun exposure for 1 (one) week prior, during, and 1 (one) week after treatment. For 755-nm wavelength treatment, avoid sun exposure for at least 4 (four) weeks prior, during and at least 1 (one) week after the treatment. A broad-spectrum (UVA/UVB) sun block of SPF 30 or higher should be applied whenever exposed to the sun.

Expectations Following Treatment

Immediately following treatment, the area may show a slight erythema with some swelling. Blistering may occur.

General Skin Care

During the healing phase, the area must be treated delicately. Do not rub, scratch, or pick. If a crust develops, let it fall off on its own.

Apply a thin layer of _____ ointment to the treated area several times a day to keep area moist.

Do not scrub the area, pat the area dry. Do not shave over the area if swelling, crusting or scabbing is present.

If swelling occurs, apply ice. Wrap the ice in a soft cloth. Discomfort or stinging may be relieved with acetaminophen.

If makeup is allowed, it must be applied and removed delicately. Excess rubbing can open treated area increasing the chance of scarring.

Avoid sports and/or strenuous exercises for 2–3 days following treatment for hair removal and 7–10 days for veins. Walking is encouraged.

In case of signs of infection (pus, tenderness, fever), contact the office immediately.

Avoid sun exposure throughout the course of treatment and use a broad-spectrum (UVA/UVB) sun block SPF 30 or greater when treatment area is exposed to the sun.

The treated hairs will exfoliate or push out in approximately 2-4 weeks.

Posttreatment skin care instructions must be followed to prevent any complications. Please contact the office with questions or concerns regarding your treatment.