FREC
FRONT RANGE ENDOSCOPY CENTERS, LLC
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PEAK
PEAK GASTROENTEROLOGY ASSOCIATES, PC
2920 North Cascade Ave.
Colorado Springs, Co 80907
(719)636-1201

SCOPE
SURGICAL CENTER OF PEAK ENDOSCOPY, LLC
2920 North Cascade Ave.
Colorado Springs, Co 80907
(719) 362-2300

INSTRUCTIONS FOR YOUR MANOMETRY PROCEDURE

Locations:	**PENROSE ST. FRANCIS HOSPITAL** 2770 N Powers Blvd 719 – 638 - 3000 CHECK IN AT PRE-REGISTRATION	**MEMORIAL HOSPITAL CENTRAL** 1400 E BOULDER ST 719 – 365 – 5543 CHECK IN AT THE NORTH ENTRANCE

WHEN: DATE: _____ CHECK IN TIME: _____ PROCEDURE TIME: _____

If you are having a dual manometry and pH impedance study, please see the medication guidelines for pH impedance monitoring

Esophageal manometry is a procedure that has been ordered by your physician and will be performed by a trained nurse. The procedure will require that you do not eat or drink anything eight hours before your procedure time. Failure to stop eating or drinking will require the test to be cancelled. You will not be sedated for the manometry.

To begin the process, a nostril of your nose will be prepped with a lidocaine jelly in order to lubricate and numb the area. The nurse will pass the lubricated probe though one nostril of your nose. The probe is then passed down your esophagus. You will need to swallow water as the probe is advanced. It is normal to feel like you have to gag during this process. Once the probe is in place, you will be asked to lie down.

The nurse will then have you take a few deep breaths. The manometry will then continue as follows:

1. Swallow a small bit of liquid, nurse begins recording esophagus muscle activity.
2. No talking, no swallowing, no coughing for ten seconds.
3. Steps one and two will be repeated until ten quality swallows have been recorded.

Once ten quality swallows have occurred, the nurse will have you sit up and the probe will be removed. It is normal to experience a sore throat or bloody nose after the procedure. The results of your procedure will be available after two weeks.

Please call Peak Gastroenterology at 719 – 636 - 1201 if you have any questions or concerns regarding the test, preparation for it, or results afterwards.

Thank you