



Amanda S. Ayers, MD, FACS  
Saumitra R. Banerjee, MD, FACS  
Steven H. Brown, MD, FACS  
Robert T. Lewis, MD, FACS  
Daniel J. Mullins, MD  
Andrew C. Raissis, MD  
Rachel B. Scott, DO  
Ly C. Tran, PA-C

2400 Tamarack Avenue, Suite 200  
South Windsor, CT 06074

6 Northwestern Drive, Suite 305  
Bloomfield, CT 06002

58 West Main Street  
Plainville, CT 06062

Phone 860.242.8591

Fax 860.242.2511

[www.crsgh.com](http://www.crsgh.com)

## GUIDELINES FOR BOWEL PREPARATION FOR THOSE WITH DIABETES

### IF YOU HAVE HAD ANY OF THE FOLLOWING IN THE PAST MONTH

1. Diabetic ketoacidosis/severe hyperglycemia
2. Repeated hypoglycemic episodes (<70 mg/dL- X2 a week)
3. Hospitalization for diabetes related issues

Please contact the provider taking care of your diabetes for instructions.

### ON DAY OF PROCEDURE:

- Do not take any oral diabetes or any other injectable (Victoza, Trulicity etc.) diabetes medications
- Do not take any short acting insulin
- If you take other long acting insulins (Lantus, Levemir, Toujeo, NPH etc.) in the morning then take ½ of usual dose

### If you are wearing the pump:

- Decrease basal rates by 20% from 12 am of the morning of the procedure, until after the procedure

### AFTER PROCEDURE:

- You can resume all medications after you resume eating

### ALL OTHERS

### ONE DAY BEFORE PROCEDURE/ DAY OF BOWEL PREPARATION:

- Take usual dose of oral and all other injectable (Victoza, Trulicity, etc. ) diabetes medications in the morning and do not take the evening dose

### If you take insulin:

- During the day, take your usual dose before meals, (except at dinner time)
- If you take mixed insulins, take the morning dose but not the evening dose
- If you take long acting insulin (Lantus, Levemir, NPH, Toujeo etc.) in the morning take the usual dose
- If you take long acting insulin at bedtime then take only ½ dose

### If you are wearing the pump:

- Continue usual basal rates until 12 am of the morning of the procedure, then decrease basal rate by 20%