CENTRAL JERSEY HAND SURGERY LLC

Hand - Wrist - Forearm – Microsurgery

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Certificate of Added Qualification in Surgery of the Hand

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Visit us on the Web at:
http://www.centraljerseyhand.com

Treatment of Basal Joint Arthritis of the Thumb

It's the most common symptomatic arthritis in the hand

1) **Vitamins : Glucosamine & Chondroitin Sulfate - dose on bottle**

2) **Medications:**

   Anti-inflammatory NSAID meds (Alleve , Advil, Motrin) Tylenol Arthritis 650 mg

   Pain creams (like Arnica)

3) **Splint / Brace**

4) **Cortisone Shots**

5) **PRP injection**

6) **Surgical reconstruction of the arthritic joint**

See web page for more information and testimonials