

## WELCOME

Thank You for selecting our healthcare team! We will strive to provide you with the best possible healthcare. To help us meet all of your needs, please fill out this form completely in ink. If you have any questions or need assistance, Please ask us- we will be Happy to Help You.

### **1 Personal Information**

Date \_\_\_\_\_  
Birthdate \_\_\_\_\_  
Soc. Sec. # \_\_\_\_\_  
Name \_\_\_\_\_  
Wishes to be called \_\_\_\_\_  
\_\_\_\_ Male    \_\_\_\_ Female    \_\_\_\_ Single    \_\_\_\_ Married    \_\_\_\_ Divorced  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Employer \_\_\_\_\_ Occupation \_\_\_\_\_  
Referred By \_\_\_\_\_

### **2 Responsible Party**

Who is responsible for the account?  
Name \_\_\_\_\_  
Relationship to Patient \_\_\_\_\_  
Birthdate \_\_\_\_\_ Driver license \_\_\_\_\_  
Soc. Sec. # \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Employer \_\_\_\_\_ Occupation \_\_\_\_\_  
Work Phone \_\_\_\_\_ Ext. \_\_\_\_\_  
Home Phone \_\_\_\_\_

### **3 Telephone**

Home Phone \_\_\_\_\_  
Work Phone \_\_\_\_\_ Ext. \_\_\_\_\_  
Cell Phone \_\_\_\_\_  
Where do you prefer to receive calls? \_\_\_\_ Home    \_\_\_\_ Work    \_\_\_\_ Cell  
When is the best time to reach you? Time \_\_\_\_\_ Days \_\_\_\_\_  
In the event of an emergency, whom should we contact?  
Name \_\_\_\_\_ Relationship \_\_\_\_\_ Work # \_\_\_\_\_ Home # \_\_\_\_\_

#### **4 Authorization and Release**

I authorize the release of any information including the diagnosis and records of any treatment or examination rendered to me or to my child during the period of such care to third party payers and /or health practitioners, and financial agencies.

I understand that my insurance carrier may pay less than the actual bill for services. I agree to be responsible for all services rendered on my behalf or my dependents.

X \_\_\_\_\_  
Signature of patient or of minor Date

#### **5 Financial Arrangements**

I understand that my insurance company may require some services to be covered by me and I will be prompt to pay for those services provided by this office. I am aware that non-payment of those fees will be referred to a collection agency, which may negatively affect my credit standing. All fees for collection efforts will be billed to me.

X \_\_\_\_\_  
Signature of patient or of minor Date

Patient refused to sign

Thank you for filling these forms out completely. The information you have provided will help us to serve your healthcare needs more effectively. If you have any questions at anytime, Please ask-we are always **happy** to help.

## PAST MEDICAL HISTORY

Please check any of the following conditions which you now have or have had in the past.

	YES	NO	WHEN DIAGNOSED
Diabetes	_____	_____	_____
Stroke	_____	_____	_____
Heart /chest pain	_____	_____	_____
High Blood Pressure	_____	_____	_____
Thyroid Disorder	_____	_____	_____
Emphysema	_____	_____	_____
Shortness of Breath	_____	_____	_____
Asthma	_____	_____	_____
Hepatitis/ Jaundice	_____	_____	_____
Kidney Problems	_____	_____	_____
Cancer	_____	_____	_____
Arthritis/ Back Pain	_____	_____	_____
Bleeding Problems	_____	_____	_____
Ulcer Disease	_____	_____	_____
Depression	_____	_____	_____
Fainting/Dizziness	_____	_____	_____
Seizures	_____	_____	_____
Chronic Pain	_____	_____	_____
Sports Injury	_____	_____	_____
Chronic Fatigue	_____	_____	_____
Lung Disease	_____	_____	_____
Sinus Problems	_____	_____	_____
Gastrointestinal Problems	_____	_____	_____
High Cholesterol	_____	_____	_____
Hormone Problems	_____	_____	_____
Recurrent Infections/Colds	_____	_____	_____
Chemical Sensitivity	_____	_____	_____
Other:	_____	_____	_____

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**Past Surgical History:**

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**Chief Complaint:**

**Main concern and its duration (How long have you had this problem/pain?):**

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**Pervious or current treatment(s) (For your chief complaint/main concern)**

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**How and where did the problem originate?**

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**Exact location of problem or pain (ex. back, right or left leg, chest, etc)**

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**Does the problem or pain affect other areas (ex. legs, arms, shoulders, etc.)?**

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**Conditions that ease or worsen the problem or pain**

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**Are you currently under the care of another physician or health professional?  
List names and phone numbers, for what conditions and current treatment plan:**

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Do you have amalgam or dental work? Please describe:

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## SOCIAL HISTORY

### Sleeping Habits

Do you have problems sleeping? Yes \_\_\_\_\_ No \_\_\_\_\_  
Average hours of sleep per night: \_\_\_\_\_ Do you snore? Yes \_\_\_\_\_ No \_\_\_\_\_  
Do you feel rested when you wake up? Yes \_\_\_\_\_ No \_\_\_\_\_  
Numbers of times you are awoken through the night: \_\_\_\_\_  
Do you have trouble returning to sleep if awakened? Yes \_\_\_\_\_ No \_\_\_\_\_  
List reasons for waking up (ex. short of breath, pain, stressed, urination, etc.)

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### Eating Habits

Are you on a special diet? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please specify type of diet: \_\_\_\_\_  
Describe your typical diet:  
Breakfast: \_\_\_\_\_  
Lunch: \_\_\_\_\_  
Dinner: \_\_\_\_\_  
Other: \_\_\_\_\_

### Lifestyle Assessment

Do you smoke? Yes \_\_\_\_\_ No \_\_\_\_\_ Number of packs per day: \_\_\_\_\_  
If yes, number of years: \_\_\_\_\_ Have you attempted to stop? Yes \_\_\_\_\_ No \_\_\_\_\_  
Methods used to stop smoking \_\_\_\_\_  
Have you ever smoked? Yes \_\_\_\_\_ No \_\_\_\_\_  
Date last used/quit: \_\_\_\_\_  
Do you drink alcohol? Yes \_\_\_\_\_ No \_\_\_\_\_ Frequency \_\_\_\_\_ Type \_\_\_\_\_  
Have you felt you need to cut down on drinking? Yes \_\_\_\_\_ No \_\_\_\_\_  
Have you been annoyed by criticism of drinking? Yes \_\_\_\_\_ No \_\_\_\_\_  
Have you felt guilty about drinking? Yes \_\_\_\_\_ No \_\_\_\_\_  
Do you drink in the morning? Yes \_\_\_\_\_ No \_\_\_\_\_

**Recreational drug use (please specify, amount and frequency of use)**

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**Date last used** \_\_\_\_\_

**Do you consider yourself active? Yes** \_\_\_\_\_ **No** \_\_\_\_\_

**Please list activities you are involved in as well as frequency and duration:  
(Ex. sports-once a week, working out- 3 times a week, etc.):**

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**NAME (First, Last, MI)** \_\_\_\_\_  
**SEX: M** \_\_\_\_\_ **F** \_\_\_\_\_ **AGE:** \_\_\_\_\_ **TODAY'S DATE:** \_\_\_\_\_

**PLEASE LIST ANY MEDICATIONS OR SUPPLEMENTS  
THAT YOU ARE CURRENTLY TAKING.**



**PLEASE LIST ANY MEDICATIONS OR SUPPLEMENTS  
THAT YOU ARE CURRENTLY TAKING**

#	DATE	PRODUCT NAME	BRAND NAME	REASON	DOSAGE	FREQUENCY
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**Abraham's Mark Comprehensive Wellness Center  
1525 E. 53<sup>rd</sup> Street, Suite 530  
Chicago, IL 60615  
(773) 667-0766**

**Dear Friend:**

**Thank you for choosing our clinic. We believe in providing the best medical care for the unique you.**

**We are enclosing this letter in our patient information packet to remind you that when you obtain lab services at our clinic, those services are billed to your insurance by the individual lab companies, NOT by this clinic. Any questions about lab fees would be directed to the lab company or your insurance company. Insurance carriers only pay for covered items and services when certain rules are met. The fact that insurance carriers may not pay for a particular item or service does not mean that you should not receive it.**

**The various labs companies will submit your claim and you will be contacted when your claim is resolved. Contact the lab if you have any questions about your bill.**

**There are a few labs that are commonly covered by insurance and must be paid for at the time of service. You will be notified if the doctor has recommended these tests for you.**

**We aim to assist you to optimal health.**

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**Date**

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**Signature of Patient**

