

Gastrointestinal Associates of Rockland
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CLENPIQ
PREPARATION FOR COLONOSCOPY

*Unless directed by the physician, if you take heart or blood pressure medication, please take with only a sip of water at your normally scheduled time as well as taking your inhaler at your normally scheduled time. *If you are taking aspirin, Warfarin, Coumadin, Plavix, Pradaxa, Effient, clopidogrel bisulfate, or any diabetic medication, discuss this with your gastroenterologist prior to your scheduled procedure date.

If you have a cardiac history, please have your cardiologist fax over your most recent evaluation, prior to your procedure, attention Ramapo Anesthesia. 845-290-8180

- No Alka-seltzer, anti-arthritis or anti-inflammatory medications for 72 hours prior to the scheduled procedure date. Tylenol is permitted.
- No Metamucil, Fibercon, Citrucel or iron supplements five (5) days before your procedure.
- No vegetables, seeds or nuts for two (2) days before the procedure.
- No lotion applied to arms or torso day of procedure (to allow for placement of EKG leads)

Please do not chew gum.

Fill your prescription for CLENPIQ at your local pharmacy.

DO NOT FOLLOW INSTRUCTIONS ON THE BOX-ONLY OUR PRINTED INSTRUCTIONS!!

Please follow the preparation carefully and call the office if you have any questions:

24 HOURS BEFORE YOUR PROCEDURE:

Start a clear liquid diet - water, apple juice, tea (without milk or nondairy creamer), broth, Jello, ices, (nothing red or purple).

FOR A PROCEDURE BETWEEN (8AM AND NOON)

STEP #1 – AT 3PM THE DAY BEFORE YOUR PROCEDURE:

- DRINK ONE BOTTLE OF THE CLENPIQ FOLLOWED BY AT LEAST FIVE 8OZ DRINKS OF CLEAR LIQUIDS (DRINK ONE GLASS EVERY 10-15 MINS)

STEP # 2 – AT 7PM THE DAY BEFORE YOUR PROCEDURE: (Repeat step #1)

- DRINK ONE BOTTLE OF THE CLENPIQ FOLLOWED BY AT LEAST FIVE 8OZ DRINKS OF CLEAR LIQUIDS (DRINK ONE GLASS EVERY 10-15 MINS)

Nothing else by mouth (not even water) after midnight the day before your procedure!

***FAILURE TO COMPLY WITH THESE INSTRUCTIONS WILL RESULT IN YOUR PROCEDURE BEING DELAYED OR CANCELLED.**

FOR A PROCEDURE BETWEEN (12:30 AND 4:30)

STEP #1 – AT 6PM THE DAY BEFORE YOUR PROCEDURE:

- DRINK ONE BOTTLE OF THE CLENPIQ FOLLOWED BY AT LEAST FIVE 8OZ DRINKS OF CLEAR LIQUIDS (DRINK ONE GLASS EVERY 10-15 MINS)

STEP # 2 – AT 6AM THE DAY OF YOUR PROCEDURE: (Repeat step #1)

- DRINK ONE BOTTLE OF THE CLENPIQ FOLLOWED BY AT LEAST FIVE 8OZ DRINKS OF CLEAR LIQUIDS (DRINK ONE GLASS EVERY 10-15 MINS)

NOTHING ELSE BY MOUTH (NOT EVEN WATER) UNTIL AFTER YOUR PROCEDURE!

***FAILURE TO COMPLY WITH THESE INSTRUCTIONS WILL RESULT IN YOUR PROCEDURE BEING DELAYED OR CANCELLED.**

You must have someone to drive you home following the procedure due to the medication given at the time of the procedure. If you use a taxi or car service, you must have someone else accompany you. You are not to travel alone. Please check with your insurance regarding authorization. PLEASE BRING YOUR MEDICATION LIST WITH YOU!