

The human body can be compared to an equilateral triangle. Each side of the triangle directly influences the other sides, creating a synergy, understood as a state of health and wellbeing. Wellbeing is present when the physical (structural), physiological and psychological aspects are harmoniously balanced. At the core of this triad is the of spiritual wellness.

Now, this can be yours through N.A.E.T.

For more information, or to schedule an appointment with an N.A.E.T. practitioner please contact the:



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Eliminate Your Allergies Permanently With

N.A.E.T.
(Nambudripad's Allergy
Elimination Techniques)



SaTerra Vishnu, DOM

N.A.E.T.

“What is going on, Doctor? One minute I feel fine and the next minute, I feel terrible.”

If the statistics are true, this question is asked by more than 50% of the people who enter their doctors' offices as patients seeking answers to the misery of allergic reactions to what they inhale, ingest or contact in their environments every day. If you find yourself in this select group, you know the frustration and hopelessness your condition has produced. The lucky patients have isolated the specific allergen and are avoiding it, but for the unlucky, the allergen either cannot be avoided without complete isolation, or it remains undiagnosed, resulting in severe and chronic ailments.

Do you mean allergies can cause real illness?

They certainly can!

When a virus attacks, an amazing defense mechanism goes into action. The struggle to rid the body of the invading virus we recognize as the symptoms of the illness, such as fever, coughing, aches, vomiting, fatigue, etc. These are, in fact, signals of the battle that is going on inside the body as it tries to throw off the invading toxin-producing virus. Untreated, the symptoms increase with serious results.

Similarly, continuous contact with an allergen produces toxins in the body, causing similar reactions to occur. An undiagnosed or undetected allergic condition will produce conditions that are equally serious. Many times the allergic reactions produce symptoms that mimic other

conditions. Respiratory problems like bronchitis, pneumonia and asthma, circulatory problems like chest muscle pains, poor circulation, rapid heartbeat, heart irregularities, gastro-intestinal problems like indigestion, acute abdominal pains, acute appendicitis, bloating, constipation, diarrhea and ulcers, genitio-urinary problems like kidney and bladder infections, prostate troubles, pre-menstrual disorders, impotency, infertility, muskulo-skeletal problems like unexplained pains anywhere in the body, various types of headaches, backaches, arthritis, restless leg syndrome, brain symptoms like brain fog, depression, anger, attention-deficit disorders, hyperactivity, learning disorders, skin problems like eczema, boils, slow healing wounds, environmental reactions like multiple chemical sensitivity, allergy to pollens, perfumes, animal danders, carpets, building materials etc...just about any health condition could be merely a symptom of underlying allergies. If such conditions are not diagnosed correctly, the patient may receive a treatment procedure that may further complicate the patient's condition.

“Then my symptoms are real? I'm not just imagining them?”

No. You are not imagining them.

Allergies in their mildest forms are merely nuisances. But for some people, accidental contact with an allergen can produce terrifying toxins in the body that result in clearly diagnosed illness just as though that person had taken a poison.

Diagnosis for either is not easy, but the milder the complaint, the harder it is for the patient to get good treatment. For instance, how do you treat a person for “feeling out of sorts, for a slight loss of memory, for a slight but persistent sore throat or cough, for a nagging, dull headache that does

not respond to pain medications, for a persistent backache or a tingling feeling in the arms and hands that cannot be diagnosed by a neurologist? Some of these unfortunate people have seen their physicians so many times that they cannot tell you how many times they have been ignored, diagnosed as suffering from a “nervous disorder” or been labeled a hypochondriac.

“What are Allergies?”

Medical scientists are still researching to find the exact cause and nature of allergies, and may not have all the answers for years to come. From a Western medical point of view, allergy is an over-reaction by the immune system. In N.A.E.T, allergies are viewed from a wholistic perspective, based on Oriental Medical principles. An allergy is a condition of unusual sensitivity of one person to one or more substances which may be harmless to the majority of other individuals. In the allergic person, the allergic substance, known as an allergen, is viewed by the brain as a threat to the body’s well-being. Therefore, for our purposes, an allergy is defined in terms of what a substance does to the energy flow in the body. When contact is made with an allergen, it causes blockages in the energy pathways called meridians, or we can say, it disrupts the normal flow of energy through the body’s electrical circuits. This energy blockage causes interference in communication between the brain and body via the nervous system. This blocked energy flow is the first step in a chain of events which can develop into an allergic response. Allergies are the result of energy imbalances in the body, leading to a diminished state of health in one or more organ systems.

Testing for Allergies

Conventional Western medical tests for allergies are several. Some of them are the “intra-dermal test”, “patch test,” “scratch test,” and various other blood tests such as the RAST test and the ELIZA test, which can identify dozens of allergens from one test or from one blood sample. In most cases, patients must have had previous exposures to the allergen to get an accurate result.

Up until recently, there has been no satisfactory method for treating a person’s allergies. Desensitization using injections of allergenic substances over a period of months, or even years, has been the standard approach used by medical allergists. This approach is effective in some people for some allergies, but in many it does not do the job, especially with food allergies.

Another standard treatment is using drugs, either antihistamines or steroids to control allergic symptoms. Unfortunately, this does not correct the underlying problem and often has serious long-term side effects.

The most effective treatment option until now has been complete avoidance of the offending allergen(s). This can be difficult at best and impossible in some cases. Now however, there is an alternative.

Now We Have N.A.E.T.

Nambudripad’s Allergy Elimination Technique is a truly revolutionary system for dealing with allergies, one of the most stubborn health problems facing mankind today. It is a natural, drugless, painless, non-invasive method that can be used

safely from a one-day-old infant to anyone of advanced age, on a healthy person to treat hidden allergies that could cause diseases in the future or on patients in a coma, to permanently eliminate allergies and symptoms arising from previous exposure to allergens and their allergic manifestations.

Allergens are cleared (treated) one at a time with this technique, and best results are obtained when allergens are cleared in a specific sequence. Normally only one item is treated on a given day. The substance must then be completely avoided for 25 hours following the treatment; in most cases, that’s all it takes...one session to permanently eliminate an allergy. Individuals who are highly sensitive may sometimes require additional combination clearings.

Dr. Nambudripad’s knowledge in Eastern and Western medicine gave her the insights and guided her into the discovery of this unique treatment to overcome her own serious allergic reactions to food. Her own story is an amazing one, which is appropriate for the discoverer/developer of such a revolutionary technique. She tells her story in the book, **“Say Goodbye To Illness”**. It contains fascinating case histories of various health disorders, as well as some of the theoretical basis for the technique and her story of its discovery. It is recommended reading for anyone wanting to find relief from their allergies and for anyone with a chronic health problem, large or small. People fly to Southern California from all over the world to be treated by Dr. Nambudripad with N.A.E.T. Now it is available to you in your hometown, because Dr. Nambudripad has trained thousands of doctors of acupuncture, MDs, chiropractic and various other licensed medical practitioners in her allergy elimination treatment method.

More and more doctors are being trained through her regular training seminars. The N.A.E.T. practitioners names can be obtained by calling: Nambudripad’s Allergy Research Foundation at: 714 532-0800.

Copies of Dr. Nambudripad’s book, “Say Goodbye To Illness” is available from each N.A.E.T. practitioner at his/her office, or you can order from the Foundation. Please call the N.A.E.T. doctor near you if you would like to get more information about this technique or schedule an appointment.

“Do you mean there is a permanent treatment for my health problems?”

Thousands of patients have been treated with amazing permanent results. But let’s let the patients speak for themselves.

“ I have never felt better in my whole life. the nagging backache is gone after only one treatment.”...”After my treatment for chocolate, I tried one chocolate-covered cherry. When that one did not give me the usual headache, I ate the whole box without a hint of the old problems.”...”I have been tormented by migraines since I was a teenager. Once we located the allergens and cleared them out of my system, I have not had one since.” ”Finally I have gotten through spring without going into the hospital for allergic asthma.”...”I was allergic to cotton, the kind that is in men’s socks. No wonder my feet and legs ached all the time.”...”I never thought that it was possible that I could live in the real world, eat everything I wanted and still function. I’ve been freed from allergies at last!”