



Aspen Medical Group, Inc.

www.aspenmedgroup.com

Ultrasound Appointment Instructions

- 1. Please empty your bladder before you drink your water.**
- 2. Complete drinking 32 oz. of water by 1 hour before your appointment.**
- 3. Once you have finished drinking your water, DO NOT use the restroom.**
- 4. Due to limited space, *only two* (2) people are allowed in the room with the patient during the ultrasound.**