

Family Practice of Suntree and Viera, P.A.

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NAME: _____ DOB: _____ DATE: _____

Fall Risk and Balance Assessment

0518F, 1100F, 1101F, 3288F

Please read and circle the answer for each question

- | | | |
|---|----|-----|
| 1. Have you fallen in the past year? | No | Yes |
| 2. Do you feel weaker than you used to or less strength in your arms or legs? | No | Yes |
| 3. Have you stopped doing daily activities because you are afraid of falling? | No | Yes |
| 4. Do you feel unsteady, stagger or shuffle when you walk? | No | Yes |
| 5. Do you get dizzy, faint or have seizures? | No | Yes |
| 6. Have you had a recent loss or decrease in your vision? | No | Yes |
| 7. Do you have numbness or tingling in your legs or feet? | No | Yes |
| 8. Have you experienced hearing loss? | No | Yes |
| 9. Do you experience any incontinence? | No | Yes |

Screening questions

- | | | |
|--|----|-----------------|
| Do you have any occasional memory loss or forgetfulness? | No | Yes |
| Have you had a colon cancer screening? | No | Yes-when: _____ |
| Have you had your yearly glaucoma screening? | No | Yes-when: _____ |
| Have you had an EKG or Chest x-ray in the last year? | No | Yes-when: _____ |
| <u>Diabetics:</u> Have you had your toenails trimmed? | No | Yes-when: _____ |
| <u>Women:</u> Have you had your well woman pap smear? | No | Yes-when: _____ |
| <u>Men:</u> Have you had your prostate checked? | No | Yes-when: _____ |