



Practice Limited to Periodontics and Implants
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POST-OPERATIVE INSTRUCTIONS
SCALING & ROOT PLANING

Activity: Only minimal activity for the next 24 hours. Do not exert yourself.

Rinsing: Do not rinse your mouth with mouth rinse products the day of treatment. Do not spit or draw suction in the mouth as this will cause further bleeding.

Bleeding: Slight bleeding or oozing from the treated site is normal.

Oral Hygiene: The day of treatment, brush your teeth as you normally do. Tomorrow, brush after each meal and floss once a day.

Eating: Sensitivity to cold may occur, and this is normal and will subside in 2-4 weeks.

You will be seen for a re-evaluation 4-6 weeks following your final scaling and root planing.

Good nutrition is important for good healing. If you don't feel like eating a big meal, consider eating several smaller meals.

Artistry In Periodontics