

What is a Chronic Urinary Tract Infection?

- A chronic urinary tract infection (UTI) is a urinary infection that doesn't respond to proper treatment or continues to recur after being treated.
- Women are more likely to have chronic UTIs because of the location of their urethra in relation to the rectum and because women have a shorter urethra than men. This makes it easier for bacteria to reach the bladder and multiply.

Now There Is An Option...

MonaLisa Touch

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SOURCES ¹US Census, 2010 ²The North American Menopause Society. Management of symptomatic vulvovaginal atrophy: 2013 position statement of The North American Menopause Society. *Menopause*. 2013;20(9):888-902 ³Gass ML, Cochrane BB, Larson JC, et al. Patterns and predictors of sexual health activity among women in the hormone therapy trials of the Women's Health Initiative. *Menopause*. 2011;18(11):1160-1171
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Urinary Infections

Quick & Painless Treatment For:

Chronic Urinary Tract Infections



MonaLisa Touch

Don't let urinary tract infections hold you back.

Urinary tract infections can affect all women. However, when estrogen declines, the vagina can become more alkaline. This results in an increased pH level which predisposes the vagina to urinary tract infections. This occurs because unfriendly bacteria thrive in an alkaline environment. The symptoms of urinary tract infection are burning and painful urination, difficulty and frequency urinating, as well as bladder discomfort. The MonaLisa Touch stimulates increased vascularization, collagen and elastin allowing lactobacilli (good bacteria) to flourish thus causing the vagina to become more acidic. This change in the tissue is of great benefit to postmenopausal women who experience recurrent urinary tract infections.

MonaLisa Touch: fast, simple and safe

MonaLisa Touch laser treatment is a simple procedure that takes less than 5 minutes.

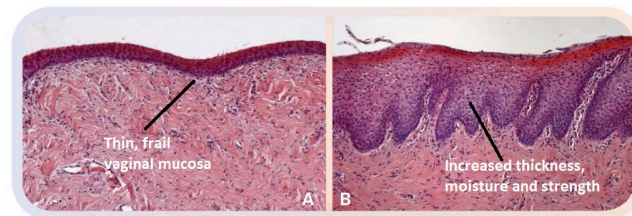
It delivers both immediate and lasting relief. And it's clinically proven to work.

- In-office, no anesthesia
- No side effects
- No downtime
- Thousands of women successfully treated since 2008

A new that patients have called "life-changing"...

The MonaLisa Touch delivers gentle laser energy to the vaginal wall tissue. It stimulates a healing response and enhanced moisture and decreased laxity in the vaginal canal. A typical course of treatment is three procedures over 12 weeks.

Below are histological images of the vaginal mucosa before and after the MonaLisa Touch procedure.



Histological Results
A: Untreated
B: 2 Months Post Treatment

Question & Answer

Q: What happens during treatment?

A: The procedure will seem similar to your annual exam, and will likely be even quicker. Your healthcare provider will insert the laser into your vagina and deliver laser energy "pulses." The total procedure time is less than 5 minutes.



Q: Does it hurt?

A: The laser energy itself is virtually painless. Some patients report mild discomfort with the laser tip insertion during the first procedure due to vaginal dryness.

Q: How many treatments are required?

A: To obtain optimal results we recommend 3 treatments each 6 weeks apart.

Q: How soon can I expect results?

A: Many patients have reported that they experience relief right away. Virtually all patients have experienced relief by the second treatment.

Q: How long does treatment last?

A: MonaLisa Touch provides lasting results. A once-a-year single treatment is recommended to maintain symptom relief.

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