

# HEALTH HISTORY

Welcome to our practice. As a new patient, please fill out the information found below to the best of your ability.

Date: \_\_\_\_\_

Patient Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Patient # \_\_\_\_\_

Chief Complaint: \_\_\_\_\_

### History of Present Illness:

**Location** \_\_\_\_\_  
(Where is the pain/problem?)

**Quality** \_\_\_\_\_  
(Example: normal versus abnormal color, activity, etc.)

**Severity** \_\_\_\_\_  
(How severe is the pain/problem on a scale of 1-10 with 10 being the most severe?)

**Duration** \_\_\_\_\_  
(How long have you had this pain/problem?, or, When did it start?)

**Timing** \_\_\_\_\_  
(Does the pain/problem occur at a specific time?)

**Context** \_\_\_\_\_  
(Where were you at the onset of this pain/problem?)

**Associated signs/symptoms** \_\_\_\_\_  
\_\_\_\_\_  
(What other associated problems have you been having?)

**Modifying factors** \_\_\_\_\_  
\_\_\_\_\_  
(What makes the pain/problem worse or better?, or, Have you had previous episodes?)

### Past Medical History

Have you ever had the following: (Circle "no" or "yes", leave blank if uncertain)

Measles . . . . .	no	yes	Anemia . . . . .	no	yes	Back Trouble . . . . .	no	yes	Hepatitis . . . . .	no	yes
Mumps . . . . .	no	yes	Bladder Infections . . . . .	no	yes	High Blood Pressure . . . . .	no	yes	Ulcer . . . . .	no	yes
Chickenpox . . . . .	no	yes	Epilepsy . . . . .	no	yes	Low Blood Pressure . . . . .	no	yes	Kidney Disease . . . . .	no	yes
Whooping Cough . . . . .	no	yes	Migraine Headaches . . . . .	no	yes	Hemorrhoids . . . . .	no	yes	Thyroid Disease . . . . .	no	yes
Scarlet Fever . . . . .	no	yes	Tuberculosis . . . . .	no	yes	Date of last chest x-ray _____			Bleeding Tendency . . . . .	no	yes
Diphtheria . . . . .	no	yes	Diabetes . . . . .	no	yes	Asthma . . . . .	no	yes	Any other disease . . . . .	no	yes
Smallpox . . . . .	no	yes	Cancer . . . . .	no	yes	Hives or Eczema . . . . .	no	yes	(please list):		
Pneumonia . . . . .	no	yes	Polio . . . . .	no	yes	AIDS or HIV+ . . . . .	no	yes	_____		
Rheumatic Fever . . . . .	no	yes	Glaucoma . . . . .	no	yes	Infectious Mono . . . . .	no	yes	_____		
Heart Disease . . . . .	no	yes	Hernia . . . . .	no	yes	Bronchitis . . . . .	no	yes	_____		
Arthritis . . . . .	no	yes	Blood or Plasma Transfusions . . . . .	no	yes	Mitral Valve Prolapse . . . . .	no	yes	_____		
Venereal Disease . . . . .	no	yes				Stroke . . . . .	no	yes	_____		

### Previous Hospitalizations/Surgeries/Serious Illnesses

When?

Hospital, City, State

_____	_____	_____
_____	_____	_____
_____	_____	_____

Medications: (Include nonprescription): \_\_\_\_\_

### Patient social history:

Marital status: Single: \_\_\_\_\_ Married: \_\_\_\_\_ Separated: \_\_\_\_\_ Divorced: \_\_\_\_\_ Widowed: \_\_\_\_\_  
 Use of alcohol: Never: \_\_\_\_\_ Rarely: \_\_\_\_\_ Moderate: \_\_\_\_\_ Daily: \_\_\_\_\_  
 Use of tobacco: Never: \_\_\_\_\_ Previously, but quit: \_\_\_\_\_ Current packs/day: \_\_\_\_\_  
 Use of drugs: Never: \_\_\_\_\_ Type/Frequency: \_\_\_\_\_  
 Excessive exposure at home or work to: Fumes: \_\_\_\_\_ Dust: \_\_\_\_\_ Solvents: \_\_\_\_\_ Air-borne Particles: \_\_\_\_\_ Noise: \_\_\_\_\_

### Family medical history:

	Age	Diseases	If Deceased, Cause of Death
Father	_____	_____	_____
Mother	_____	_____	_____
Siblings	_____	_____	_____
_____	_____	_____	_____
Spouse	_____	_____	_____
Children	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Review of Systems: Please indicate any personal history below:**

**Constitutional Symptoms**

Good general health lately . . . . . No Yes  
 Recent weight change . . . . . No Yes  
 Fever . . . . . No Yes  
 Fatigue . . . . . No Yes  
 Headaches . . . . . No Yes

**Eyes**

Eye disease or injury . . . . . No Yes  
 Wear glasses/contact lenses . . . . . No Yes  
 Blurred or double vision . . . . . No Yes

**Ears/Nose/Mouth/Throat**

Hearing loss or ringing . . . . . No Yes  
 Earaches or drainage . . . . . No Yes  
 Chronic sinus problem or rhinitis . . . . . No Yes  
 Nose bleeds . . . . . No Yes  
 Mouth sores . . . . . No Yes  
 Bleeding gums . . . . . No Yes  
 Bad breath or bad taste . . . . . No Yes  
 Sore throat or voice change . . . . . No Yes  
 Swollen glands in neck . . . . . No Yes

**Cardiovascular**

Heart trouble . . . . . No Yes  
 Chest pain or angina pectoris . . . . . No Yes  
 Palpitation . . . . . No Yes  
 Shortness of breath w/walking  
 or lying flat . . . . . No Yes  
 Swelling of feet, ankles or hands . . . . . No Yes

**Respiratory**

Do you have a persistent cough  
 or throat clearing not associated  
 with a known illness (lasting more  
 than 3 weeks)? . . . . . No Yes  
 Spitting up blood . . . . . No Yes  
 Shortness of breath . . . . . No Yes  
 Wheezing . . . . . No Yes

**Gastrointestinal**

Loss of appetite . . . . . No Yes  
 Change in bowel movements . . . . . No Yes  
 Nausea or vomiting . . . . . No Yes  
 Frequent diarrhea . . . . . No Yes  
 Painful bowel movements  
 or constipation . . . . . No Yes  
 Rectal bleeding or blood in stool . . . . . No Yes  
 Abdominal pain . . . . . No Yes

**Genitourinary**

Frequent urination . . . . . No Yes  
 Burning or painful urination . . . . . No Yes  
 Blood in urine . . . . . No Yes  
 Change in force of strain  
 when urinating . . . . . No Yes  
 Incontinence or dribbling . . . . . No Yes  
 Kidney stones . . . . . No Yes  
 Sexual difficulty . . . . . No Yes  
 Male - testicle pain . . . . . No Yes  
 Female - pain with periods . . . . . No Yes  
 Female - irregular periods . . . . . No Yes  
 Female - vaginal discharge . . . . . No Yes  
 Female - # of pregnancies . . . . . \_\_\_\_\_  
 Female - # of miscarriages . . . . . \_\_\_\_\_  
 Female - date of last pap smear . . . . . \_\_\_\_\_

**Musculoskeletal**

Joint pain . . . . . No Yes  
 Joint stiffness or swelling . . . . . No Yes  
 Weakness of muscles or joints . . . . . No Yes  
 Muscle pain or cramps . . . . . No Yes  
 Back pain . . . . . No Yes  
 Cold extremities . . . . . No Yes  
 Difficulty in walking . . . . . No Yes

**Integumentary (skin, breast)**

Rash or itching . . . . . No Yes  
 Change in skin color . . . . . No Yes  
 Change in hair or nails . . . . . No Yes  
 Varicose veins . . . . . No Yes  
 Breast pain . . . . . No Yes  
 Breast lump . . . . . No Yes  
 Breast discharge . . . . . No Yes

**Neurological**

Frequent or recurring headaches . . . . . No Yes  
 Light headed or dizzy . . . . . No Yes  
 Convulsions or seizures . . . . . No Yes  
 Numbness or tingling sensations . . . . . No Yes  
 Tremors . . . . . No Yes  
 Paralysis . . . . . No Yes  
 Head injury . . . . . No Yes

**Psychiatric**

Memory loss or confusion . . . . . No Yes  
 Nervousness . . . . . No Yes  
 Depression . . . . . No Yes  
 Insomnia . . . . . No Yes

**Endocrine**

Glandular or hormone problem . . . . . No Yes  
 Excessive thirst or urination . . . . . No Yes  
 Heat or cold intolerance . . . . . No Yes  
 Skin becoming dryer . . . . . No Yes  
 Change in hat or glove size . . . . . No Yes

**Hematologic/Lymphatic**

Slow to heal after cuts . . . . . No Yes  
 Bleeding or bruising tendency . . . . . No Yes  
 Anemia . . . . . No Yes  
 Phlebitis . . . . . No Yes  
 Past transfusion . . . . . No Yes  
 Enlarged glands . . . . . No Yes

**Allergic/Immunologic**

History of skin reaction or other adverse  
 reaction to:  
 Penicillin or other antibiotics . . . . . No Yes  
 Morphine, Demerol,  
 or other narcotics . . . . . No Yes  
 Novocain or other anesthetics . . . . . No Yes  
 Aspirin or other pain remedies . . . . . No Yes  
 Tetanus antitoxin  
 or other serums . . . . . No Yes  
 Iodine, Merthiolate or  
 other antiseptic . . . . . No Yes  
 Other drugs/medications: \_\_\_\_\_

Known food allergies: \_\_\_\_\_

Environmental allergies: \_\_\_\_\_

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the doctor's office of any changes in my medical status. I also authorize the healthcare staff to perform the necessary services I may need.

\_\_\_\_\_  
 Signature of Patient, Parent or Guardian

\_\_\_\_\_  
 Date

**Doctor's Review**

\_\_\_\_\_  
 Signature of Doctor

\_\_\_\_\_  
 Date