



ALABAMA VEIN & RESTORATION MEDSPA

Prattville - Tuscaloosa - Birmingham - Oxford - Cullman

1.877.268.8346

www.alabamaveincenter.com

...a dedicated center of excellence

November 2019 Ed.

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Intimate Shots for Him and Her!



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How to choose the right filler





4721 Chace Circle, Hoover, AL 35244

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At Alabama Vein & Restoration Medspa, our goal is to improve the quality of life of our patients. We utilize cutting edge technology and the most advanced venous procedures to establish an accurate diagnosis and for successful treatment.

We strive to provide compassionate, comprehensive vein treatments for patients with venous insufficiency, venous ulcers, and spider veins. As a team comprised of physicians, physician assistants, and other medical staff, we work from the top to the bottom to achieve our goal of taking care of our patients in the most pleasant and efficient way possible.

Conditions Treated

Varicose Veins • Spider Veins • Venous Ulcers • Stasis Dermatitis

Vein Treatments Offered



- * Ultrasound Guided Sclerotherapy
- * Varithena
- * Microphlebectomy
- * Veinwave
- * EVLA
- * Cosmetic Sclerotherapy
- * Compression Therapy
- * Venoseal

C. Austin Hunt II, M.D., F.A.C.S., RPVI * Sylvia Eldridge, PA-C * Jamie Gober, PA-C * Francie Gillespie, PA-C



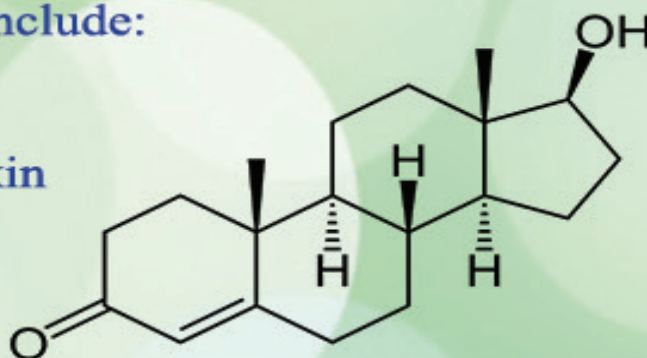


We also offer Hormone Replacement Therapy

As the levels of hormones decline, so do our physical and mental capabilities. We lose our energy, vitality, strength, physique and health. By restoring these hormones to their youthful levels, it is possible to restore our zeal and energy as well as to strengthen and bolster our bodies and minds.

Hormonal Deficiency Symptoms Include:

- Weight Gain
- Loss of Muscle Mass
- Wrinkling and Thinning of the Skin
- Depression and Stress
- Loss of Sex Drive
- Fatigue
- Sleep Disorders



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75.99

ALABAMA VEIN & RESTORATION MEDSPA

We offer CBD product formulas for pain relief, inflammation, sleep and relaxation, and by itself in different dosages to maximize benefits of CBD oil all in easy to use tinctures, capsules, or rub in formulas!

ABOUT CBD

Cannabidiol, more commonly known as CBD, is by far one of the most studied compounds of the 116-plus known cannabinoids found in industrial hemp.

Being a natural compound of the plant, it can comprise up to 40 percent of hemp. Unlike THC, CBD is non-intoxicating, which means it will not get you high.

CBD is often regarded as the single most crucial cannabinoid ever discovered. With on-going research, the list of uses continues to grow, giving more and more hope to those looking to enhance their overall quality of life.

Whether it's to maintain general well-being or becoming more proactive with a daily wellness routine, there are various ways in which CBD oil is useful.

Based on your needs and preferences, you can apply CBD and other cannabinoids through different methods. Your choice of administration can affect how CBD works with your body; common ways of administering CBD is through ingestion, sublingual, inhalation, and topical.

Your body's absorption of CBD from the application area into the bloodstream is known as its bio-availability – maximizing bioavailability means allowing more CBD to be readily available for bodily use. Taking CBD through various means changes its bioavailability; however, choosing the best method of use for your needs will help ensure that you'll receive the most support from properly sourced CBD.

How to Choose the Right Filler for Your Anti-Aging Goals



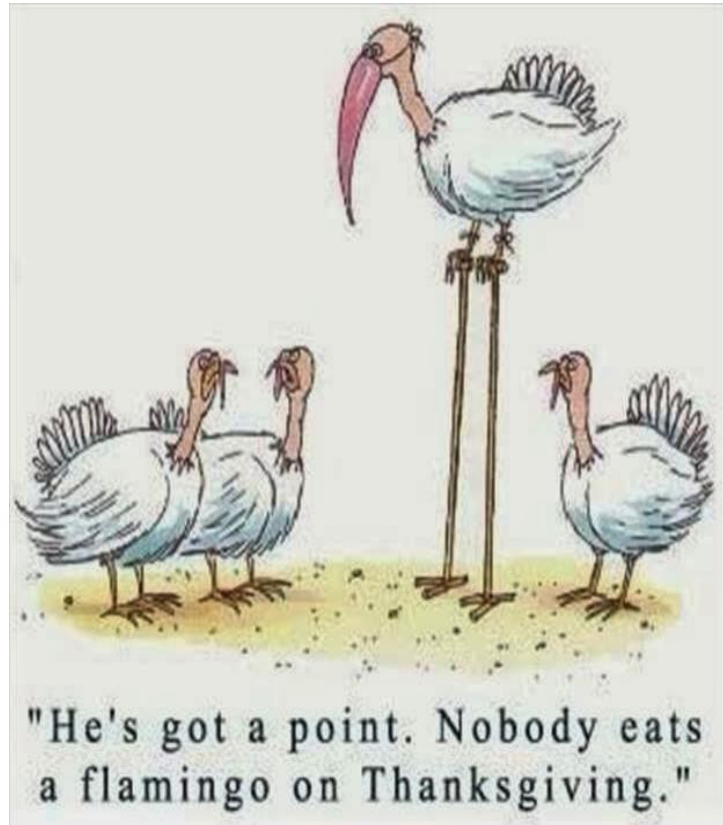
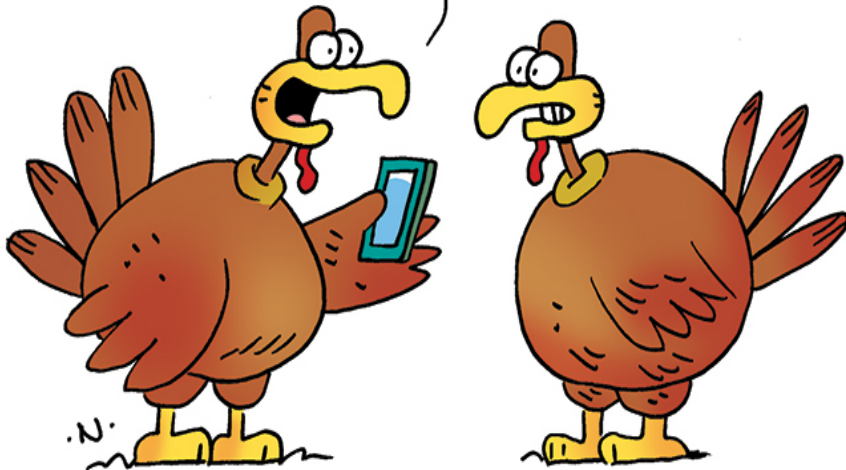
Frustrated by wrinkles and other signs of aging in your facial skin? Your face is one of the first places targeted by signs of aging, showing damage from time, sun exposure, and even emotional expressiveness. Your face is also the best place to start with anti-aging cosmetic treatments like fillers.

Facial fillers, including products based on collagen, hyaluronic acid, and Botox®, provide a safe and effective way to meet your anti-aging goals and restore the youthful appearance of your face. Fillers work to reduce or eliminate wrinkles, smoothing your facial surface. Fillers can be temporary to long-lasting, and are typically administered through an injection.

Available options

If you're thinking about fillers, you have a lot of choices available! Each different type of facial fillers is uniquely designed with one or more particular purpose(s) in mind. You'll want to make sure to choose the right option for your facial needs. At Alabama Vein & Restoration Medspa, we can consult with you on your best treatment options.

DUDE! I HAVE A TON OF
ONLINE FOLLOWERS AND
THEY ALL WANT TO HAVE
ME OVER FOR DINNER!



SELF CARE IS ALWAYS in season

threefor me[™]
LASER TREATMENTS

① Wrinkles ② Sun Damage ③ Facial Veins

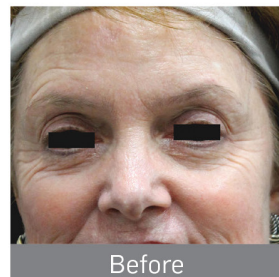
Loving yourself is a year-round goal.

With ThreeForMe laser treatments you can address three of the most common skin concerns; wrinkles, sun damage and facial veins, leaving you with brighter looking skin. Treatments are fast and have minimal social downtime, so it fits into your busy schedule.

Call to schedule your consultation today!

877-268-8346

**Purchase a package for \$2199 and get a
Brightening Kit FREE!
savings over \$600!**



Before



Post 4 Tx

Courtesy of S. Chilukuri, MD

**ALABAMA VEIN
& RESTORATION MEDSPA**

November Specials

Leave the gobbler on the plate this Thanksgiving!

Buy one treatment area of SculpSure (warmsculpting) and get the chin treatment for \$500 (Savings of \$1000!)



\$50 OFF! Spidervein treatments (limit of 3)

3 for me facial laser package \$2199 and get a Skin Brightening Kit FREE (Savings over \$600!)



20% OFF Knee high Compression Hose
(no special order, while supplies last)

**Need a boost for your
Holiday Shopping try
LIPO B12**



50% OFF Lipotrophic B12 Injections
(limit of 15)

EVEN MORE SPECIALS!

Restalyne \$479 syringe

Jeaveau \$10/unit

(free Skinceuticals travel gift w/
minimum purchase of 30 units)

Latisse 5mL \$165

can use Brilliant Distinction Points

**BOGO Buy one
facial with
dermaplane or
microdermabrasion
for \$125 and get
second 1/2 OFF!**



Meatball Nirvana

Recipes

Recipe by lovestohost on allrecipes.com

Prep
20min
Cook
20min
Ready
40min
Servings
4



Ingredients:

- 1 pound lean ground beef
- 1/2 teaspoon sea salt
- 1 small onion, diced
- 1/2 teaspoon garlic salt
- 1 1/2 teaspoons italian seasoning
- 3/4 teaspoon dried oregano
- 3/4 teaspoon crushed red pepper flakes
- 1 dash hot pepper sauce, or to taste
- 1 1/2 tablespoons Worcestershire sauce
- 1/3 cup skim milk
- 1/4 cup grated Parmesan cheese
- 1/2 cup seasoned bread crumbs

Directions:

- 1- Preheat an oven to 400 degrees F (200 degrees C).
- 2- Place the beef into a mixing bowl, and season with salt, onion, garlic salt, Italian seasoning, oregano, red pepper flakes, hot pepper sauce, and Worcestershire sauce; mix well. Add the milk, Parmesan cheese, and bread crumbs. Mix until evenly blended, then form into 1 1/2-inch meatballs, and place onto a baking sheet.
- 3- Bake in the preheated oven until no longer pink in the center, 20 to 25 minutes.

PRP Intimate Shot for Him and Her!
Now available at
Alabama Vein & Restoration Medspa!



What Benefits Can a Woman Have from the PRP Intimate Shot?

Decreased or completely resolved pain during sex (dyspareunia)

Increased ability to have vaginal orgasms

Greater arousal from clitoral stimulation

A tighter more elastic vaginal canal

Decreased or resolved overactive bladder and/or urinary incontinence

Stronger and more frequent orgasms

Increased natural lubrication



What Benefits Can a Man Have from the PRP Intimate Shot?

Increases hardness of erection

Increases sexual stamina

Improves circulation and blood flow

Increases sensation and pleasure

Reduces the time between erections

Restores self-confidence

Improves or eliminates urinary incontinence

Enhanced appearance

Increases size and girth, results may vary



Recommended Businesses in our Spotlight:



Chace Lake Family Dentistry
 Contact Info
 Website : chacelakefamilydentistry.com
 Phone: (205) 989-0090
 Email: chacelakefamilydentistry@gmail.com
 Address: 1871 Chace Dr
 Hoover, AL 35244



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 Phone: (205) 948-2999
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Contact Info
 Michael Hanna, MD
 Anniston Medical Clinic, PC
 Phone: (256) 236-5631
 Address: 1010 Christine Avenue
 Anniston, Alabama 36207

Thank you for all of your loyalty and support. Without you all we would not be where we are today. We are very grateful to every one of you and hope that we can continue to provide vein care for you and and your loved ones. If you have any problems, questions, or concerns, you can contact us anytime. Have a great month! 205-823-0151