

Thank you for being a valued patient. Your path to wellness just got simpler!

We have upgraded our electronic health record software and now have a **new, easy, and secure way** for you to log into the Patient Portal.

**What You Need to Do – Two Simple Options**

**Email Instructions**

1. Open email and click the registration link (expires in 5 days).
2. Create a username and password.
3. Select and answer a security question.
4. Review and accept the user agreement.
5. Click **Update Account**.
6. Log in with your new username and password.
7. Click **Login**.

**Print Instructions**

1. Go to https://www.yourhealthfile.com
2. Click **Activate your account here**.
3. Enter your temporary username and password.
4. Enter your date of birth.
5. Click **Activate Account**.
6. Create a username and password.
7. Enter your email address.
8. Select and answer a security question.
9. Review and accept the user agreement.
10. Click **Update Account**.
11. Log in with your new username and password.
12. Click **Login**.

**What You Can Do on Your Portal**

* Schedule telehealth visits with your care team
* Review lab results and previous health records
* Update your personal information
* Review patient instructions
* Request appointments
* Make online payments
* Request medication refills
* Securely communicate with your provider
* Fill out information about your visit
* Available in 75 languages

Questions? Call or email our office.