

CONTEMPORARY WOMEN'S CARE
4323 N. JOSEY LANE, SUITE 306
CARROLLTON, TX 75010
PHONE: 972-939-7011 FAX: 972-939-2951
NEDRA RICE, M.D. SHAHEEN JACOB, M.D.

PRENATAL CARE – WHAT TESTING TO EXPECT DURING ROUTINE OB VISITS

First Visit (6-12 weeks from the first day of your last period):

- Full medical history, physical exam, and review of your past OB history
- Routine initial OB lab work:
 1. Blood type and antibody screen
 2. CBC (complete blood count)-evaluates for anemia
 3. RPR*-tests for syphilis
 4. Urinalysis-evaluates for urinary tract infections
 5. HIV*-allows for medications that reduce the risk of passing HIV to the baby
 6. Hepatitis B*
 7. Rubella immunity
 8. Pap smear-screens for precancerous/cancerous cells on the cervix
 9. Gonorrhea/Chlamydia-test is collected during your pap smear or urinalysis
 10. Cystic Fibrosis/Fragile X/SMA genetic screening (if testing is desired)
 11. Parvovirus B19 immunity/exposure
 12. Additional lab tests depending on your risk factors (Gestational Diabetes, Sickle Cell, for example)
- Patient education including nutrition, vitamins, warning signs and available genetic testing
- Sonograms-may be scheduled to confirm your pregnancy and due date

11-13 Weeks:

- First Trimester Maternal Serum Screen/Nuchal Translucency (blood test and sonogram) to evaluate for Trisomy 21/Down Syndrome and Trisomy 18 (if testing desired)

15-20 Weeks:

- Additional testing for genetic disorders and certain birth defects (if testing desired)
- Sonogram-usually scheduled during this time to evaluate fetal development

24-28 Weeks:

- Gestational Diabetes screening test
- Hemoglobin/Hematocrit-evaluates for anemia
- Rhogam injection (if indicated)

35-37 Weeks:

- HIV*
- GBS (Group B Strep)-vaginal swab test for common type of bacteria that is harmless to the mother but can cause infection in a newborn exposed to the bacteria during delivery. If your test is positive then antibiotics are given during labor to prevent passing the bacteria to your baby

***Prenatal tests required by The State of Texas**