

~Pre Cosmetic Injection Instructions~

- No Aspirin, Vitamin E, Ginko Biloba, Aleve, St. John's Wort, garlic, or Ibuprofen (Motrin or Advil) for at least one week, before your appointment.
- •*If you are taking prescription blood thinners such as Coumadin or Plavix, you should check with the prescribing doctor to see if you are able to stop these medicines for 7-10 days before your appointment, and at least 2 days after the procedure has been done.
- Eat a small meal or a snack before your appointment
- Take Tylenol one hour before your appointment to help with any discomfort you may have.
- Swelling can occur. You may want to refrain from going to any special events the day of.



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