

## INFORMED CONSENT FOR COLD THERAPY MACHINE

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

This will serve as an informed consent for the use and application of a cold therapy device.

### Warnings

- Improper placement or prolonged use of the Cold Therapy System could result in tissue damage.
- During the course of therapy, patients should monitor the skin surrounding the treated region or the digits of the extremities of the treated limb for any burning, itching, increased swelling, or pain. If any of these signs present, or any changes in skin occur (such as blisters, increased redness, discoloration, or other noticeable skin changes), patients are advised to discontinue use and consult a physician.
- Cold Therapy wraps are not sterile; do not place directly against open wounds, sores, rashes, infections, or stitches. The wrap may be applied over clothing or dressing.

### Contraindications

Cryotherapy using the Cold therapy device should not be used in patients with:

- Significant vascular impairment in the foot. Examples are: history of frostbite, diabetes, ischemia or arteriosclerosis.
- Acute paroxysmal cold hemoglobinuria or cryoglobulinemia area.

**Compression Therapy (vasopneumatic compression) with the Cold Therapy System should be used only under supervision of a licensed healthcare practitioner in patients who have an;**

- Open wound in the affected region (the wound must be dressed prior to use of Cold Therapy).
- Acute, unstable (untreated) fracture in the affected region.
- Children under 18 years old or patients who have cognitive disabilities or communication barriers, whether temporary (due to medication) or permanent.
- Cardiac insufficiency or congestive heart failure (with associated edema in the extremities or lungs)
- Localized skin condition (e.g., dermatitis, vein ligation, gangrene, skin graft) in the affected region)
- Who have erysipelas or other active infection in the affected region.

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Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness/ Physician Signature

\_\_\_\_\_  
Date