

## NAIL AND WART SURGERY INSTRUCTIONS

NAME \_\_\_\_\_ CENTER# \_\_\_\_\_

1. Keep the bandage dry for the first seven to ten hours.
2. After the seven to ten hours, soak the part in lukewarm Epsom Salt water (approximately one tablespoons of Epsom Salt to one pint of water--**DO NOT FOLLOW THE INSTRUCTIONS ON THE BOX**) for five minutes. Then remove the dressing and soak for five to ten minutes more. Pat dry, then apply either Betadine, Neosporin, or Bacitracin with a bandaid.
3. Tomorrow--A.M.:
  - A.) Remove the dressing/bandaid.
  - B.) Soak the part in the lukewarm salt water for ten to fifteen minutes (same salt water ratio as above).
  - C.) Take a gauze pad or cotton swab and gently clean away any drainage or dried scab. D.) Apply either Betadine, Neosporin, or Bacitracin with a bandaid.

Tomorrow--P.M.: Repeat steps A to D.

Until your next visit: Soak and redress the part **TWICE DAILY** as directed.

4. There may be some bleeding through the dressing. This is no cause for alarm. Apply additional sterile gauze with pressure. The area will begin to drain slightly and will continue to do so for one to six weeks. This will stain the bandaid. The area may appear infected, this is normal.
5. Some soreness maybe present when the anesthesia wears off Two aspirin, Ibuprofen, or Acetaminophen will relieve the discomfort. Take your prescription medication as directed.
6. If you notice any increased swelling, redness extending from the surgery site, or a rise in your body temperature, **CALL THE OFFICE IMMEDIATELY.**
7. Please remove the bandaid at night while sleeping after the third day.
8. It is important to keep follow-up appointments, and if you have any problems or questions, Please do not hesitate to call Dr. Polun at 301-983-8202.

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PATIENT SIGNATURE

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DOCTOR SIGNATURE DATE

DATE: \_\_\_\_\_