

Rixt Anna Catharina Luikenaar MD FACOG
Obstetrics and Gynecology
Transgender healthcare and Gender Reassignment Surgery

2937 East Brookburn Road, Salt Lake City, UT, 84109
Cell: (801) 824-3180 Office: (801) 272-3909
E-mail: rixtluikenaar@hotmail.com, rixtluikenaar@hsc.utah.edu

Rebirth Obgyn
2180 East 4500 South Suite 265 and 270
Holladay, UT 84117
E-mail: rebirthobgyn@gmail.com

Employment and Volunteer Experience

Rebirth Obgyn 2014- current; MD and Medical Director

I founded “Rebirth Obstetrics and Gynecology”, a solo practice in Obstetrics, Gynecology and Transgender Health Care in Salt Lake City, Utah in 2014. I have treated over 4500 transgender and gender nonconforming patients (since 2011) ages 8 to over 80.

I hold privileges at St Marks Hospital, LDS Hospital, IMC Hospital, and the University of Utah Hospital where I perform laparoscopic, vaginal and DaVinci Robotic surgery.

I hold workshops, speak at conferences and give lectures locally and international about transgender health care. I teach medical students and residents in Family Medicine and Obstetrics and Gynecology and write articles for local GLBTQ magazines and internet sites.

I started “Luikenaar and Crane Center for Transgender Surgery” in 2019 together with Curtis Crane from “Brownstein and Crane” with the purpose to increase patient access to gender affirming surgery in Utah and nearby states.

Clinical Instructor/Adjunct Faculty

Department of Obstetrics and Gynecology, August 2003- present
University of Utah.

Generalist position

Ob/Gyn Associates, 1139 East 3900 South, Salt Lake City. February 2013-
March 2014

Generalist position

Department of Obstetrics and Gynecology, University of Utah. Greenwood Clinic,
7495 South State Street, Midvale, UT. August 2003-February 2013.

Medical Missions

Tanzania and Columbia 2013

Senior Medical Officer Obstetrics and Gynecology

Cairns Base Hospital, Cairns, Queensland, Australia.
Clinical and teaching position; January- August 2010.

Supervisory Board member. St Marks Hospital. August 2005-January 2013.

Junior Fellow Officer ACOG, West Virginia, Vice Chair and Chair for district IV.
July 2000- June 2003.

Research Assistant

July 1997-June 1999

Department of Obstetrics and Gynecology, University of Utah, Salt Lake City with
C. M. Peterson MD, W. Branch MD and R. Silver MD.

Staff Hyperbaric Medicine

December 1995- February 1997

St. Elisabeth Hospital, Willemstad. Curacao, Netherlands Antilles (during my
clerkships).

Research Assistant

March 1994- March 1995

Institute for Biomedical Engineering, Artificial Heart Research Laboratory,
University of Utah, Salt Lake City with William Kolff MD.

Home Health Care provider

April 1995- October 1995, part time.

“De Thuiszorg Groningen” in Groningen, the Netherlands.

First Aid Organization member and chair. Volunteered at events and taught
CPR classes.

September 1991- March 1994

Medical School, Rijks Universiteit Groningen, The Netherlands.

Student Assistant

May 1992- June 1993

Department of Anatomy and Embryology, Rijks Universiteit Groningen, The
Netherlands.

Dissected cadavers and taught anatomy classes to medical students.

Event Committee, member

August 1989- July 1990

Law School, Rijks Universiteit Groningen, The Netherlands.

Education

Class of 2020, executive Master of Business Administration, David Eccles School of Business University of Utah, Salt Lake City

Department of Obstetrics and Gynecology, West Virginia University, Morgantown, West Virginia
July 1999- June 2003.

**Internship and Residency in Obstetrics and Gynecology.
Board certified 2006**

Medical School, Rijks Universiteit Groningen, The Netherlands. September 1990-August 1997. **MD Diploma, Cum Laude.**

Law School, Rijks Universiteit Groningen, The Netherlands.
September 1988-June 1990.

Propedeuse Diploma (BS)

Faculty of Philosophy, Rijks Universiteit Groningen, The Netherlands
1992-1994.

History of Philosophy, Theoretical Philosophy and Ethics, Social and Political Philosophy classes.

Postgraduate training

European Professional Association for Transgender Health Symposium Rome, Italy, April 10-13.

ACOG Board Certification MOC with focus in Pediatric and Adolescent Gynecology 2018.

WPATH Board Certification in Transgender Healthcare, October 2018.

HIV Prep course April 2018, University of Utah Dept of Infectious Disease.

“Vaginoplasty” Gender Affirming surgery training 2017-current with Sherman Leis DO, Loren Schlechter MD, Maurice Garcia MD and currently with surgeons from Brownstein and Crane. 2 cadaver courses in 2017.

Buprenorphine Course American Society of Addiction Medicine to obtain a waiver to prescribe buprenorphine April 2017.

World Professional Association for Transgender Health Biannual Symposium
Bangkok, Thailand, February 2014 and Amsterdam June 2016.

United States Professional Association for Transgender Health Inaugural
Symposium, February 2017, Los Angeles.

Certification Course in Transgender Health Care, WPATH, Chicago 2015 (GEI).

DaVinci Robotics training course, Houston, December 2013 and advanced
Robotics training course September Sunnyvale 2015.

Center for Transgender Health Care, Vrije Universiteit Amsterdam, the
Netherlands. Internship with Mick Van Trotsenburg, MD, May 2012.

Leadership Course for Physician Executives,
School of Business, University of Utah, Salt Lake City, April-June 2011.

Advanced fetal assessment and monitoring. Hospital Corporation of America
And Advanced Practice Strategies, LLC, 2010 and 2013.

Primary Care & OB/GYN Conference, Kaiser Permanente, Maui, HI, 2009.

ACOG Annual Clinical Meeting New Orleans, LA, 2008 and San Diego 2017.
15th Annual Spring Conference; High Risk Obstetrics.
Symposia Medicus, Los Cabos, Mexico, 2008.

Perinatal Resources, Inc. Annual review of Obstetrics and Gynecology
Orlando, 2005.

Innovations in Medical Education and Training.
Female Pelvic Medicine and Reconstructive Surgery, Puerto Rico, 2004.

Licensing and Certifications

Board Certified: American Board of Obstetrics and Gynecology (current) 2006
Utah State Medical License/ Utah Controlled Substances License (current) 2003
Pennsylvania Medical License 2002
California Medical License 2017

Professional Associations

American College for Obstetrics and Gynecology 1999-
Utah Medical Association 2016-

American Gay and Lesbian Association 2010-
World Professional Association for Transgender Health 2010-
American College for Physician Executives 2010-
International Society for the study of women's sexual Health 2013-, and
International Society for Sexual Medicine 2017-
Endocrine Society 2014-

Research Experience

Rebirth Obgyn, Salt Lake City and Dept. of Pediatrics, University of Utah Medical Center; we are studying metabolic effects of puberty blockers and hormone therapy on young transgender patients –study ongoing, article submitted for publication.

West Virginia University, Department of Gynecology-Oncology: Studied psychosexual issues in partners of women with cancer with A.P. Soisson MD 2002-2003.

West Virginia University Department of Urology: Studied sexual function in women diagnosed with interstitial cystitis with Stanley Zaslau MD, 2003. 2003.

University of Utah Department of Obstetrics and Gynecology: Coordinated “Oxegene”, endometriosis study for Salt Lake City with C.M. Peterson, MD, 1997-1999.

University of Utah Department of Obstetrics and Gynecology: Studied Recurrent pregnancy loss with R.M. Silver, MD, 1997-1999.

University of Utah Artificial Heart Research Laboratory with S.F. Mohammad, MD, PHD and W.J. Kolff, MD 1994-1995.

Tested thrombogenicity of stents, catheters and artificial heart valves.

Worked with Scanning Electron Microscopy, conducted an individual research project and assisted in animal studies and surgeries.

Academic Hospital Groningen, The Netherlands
Departments of Vascular surgery, Cardiology, Endocrinology,
1993 -1994. Participated in premature atherosclerosis research and worked in the lipid clinic.

Awards and Grants

Transgender Advocacy Team Award November 2016

Allies Award Equality Utah, October 2016

Business Award from Enterprise Utah in “Innovation in Health Care”, June 2016

Resident Teaching Award from the Department of Family Medicine, St Marks Hospital, June 2016
Teaching Award from the American Academy of Family Physicians 2012-2013, 2013-2014, 2014-2015, 2015-2016
Transgender Education and Advocacy Award November 2014
University Fund Groningen, Rijks Universiteit Groningen. Research Grant, 1995
Board of Governors, Rijks Universiteit Groningen. Research Grant, 1995
Faculty of Internal Medicine, Rijks Universiteit Groningen. Research Grant, 1994

Presentations and Publications

“Pelvic pain in Transgender Men” presented at European Professional Association for Transgender Health Symposium April 2019, Rome Italy.

“Gynecology for Transgender Men” presented at the Philadelphia Transgender Wellness Conference in Philadelphia August 2018 and at the Genderrevolution annual transgender symposium in Salt Lake City November 2018.

“Fertility options for transgender people” and “Postoperative care after Vaginoplasty” presented at ACOG Clinical Meeting May 2017, San Diego.

“Trans-Medicine in America” Grand Rounds presentation Department of Obstetrics and Gynecology, University of Utah, December 2016.

“Transgender Health Care for Obstetricians and Gynecologists” and “Cesarean Hysterectomy in a Transgender Man”, presented at the World Professional Association for Transgender Health, Vrije Universiteit Amsterdam, The Netherlands, June 2016.

Frias, AE Jr., Luikenaar, R.A., Sullivan, A.E., et al: “Poor Obstetric Outcome in Subsequent Pregnancies in Women with Prior Fetal Death.” Obstetrics and Gynecology, 104 (Sep 2004) 521-526.

“Sexuality and Cancer” Grand Rounds, Department of Obstetrics and Gynecology, West Virginia University 2002.

“Natural history of subsequent pregnancies in women with prior fetal death” Presented to the Society for Maternal-Fetal Medicine Annual Meeting. January 1999.

“Supraventricular Tachycardia in the Newborn”, Case report: Graduation Project Medical School, Rijks Universiteit Groningen, The Netherlands, June 1997.

“Thrombogenicity of blood platelets after they have adhered and released their granular content” Presented at the American Association for Artificial Internal Organs Annual Conference 1995 and the Annual International Student Symposium, Medical School, Rijks Universiteit Groningen, 1995.
Bishop, N.D. Chiang, B.Y. Hulsbergen, M. Kolff, W.J. Kumar, A. Luikenaar, R.A. Topaz, S. “Elastomeric valves, a new design.” International Journal for Artificial Internal Organs 18 (1995): 203-209.

Languages

Dutch, English, Fries, German, some French/Spanish/Papiamentu.