

If you have any of the following symptoms it may be related to Sleep, Allergy or Lung issues.

We can Help!

Type 2 Diabetes • Overweight
Snoring • Headaches
Drowsiness / Fatigue
Shortness of Breath
Sneezing / Runny Nose
Rashes / Itching & Irritated Skin
Difficulty Falling or Staying Asleep
Trouble Concentrating & Remembering



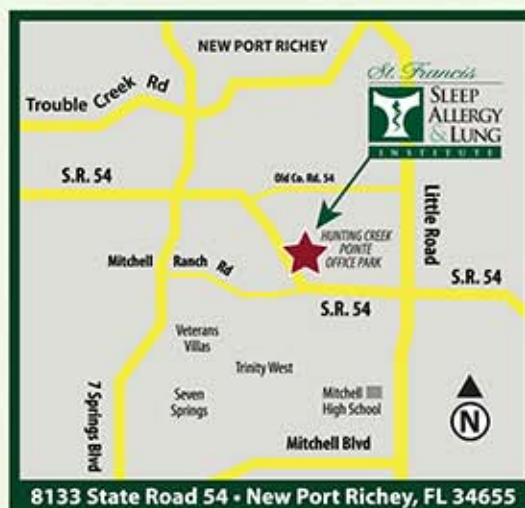
St. Francis
Medical Director
**Frank Averill,
M.D., J.D.**



- Board-Certified in Sleep, Pulmonary, and Critical Care Medicines.
- Practicing medicine in the Tampa Bay area since 1991.
- Trained in Allergy, Sleep, and Pulmonary Medicines at Johns Hopkins University.
- Educated at the prestigious Cleveland Clinic and at New York Medical College.
- Has been listed in *Best Physicians in the United States*; *Best Physicians in Florida*; and *Best Physicians in Tampa Bay*.



Conveniently located to serve you with offices in Clearwater and Trinity



Contact us directly. We make it easy for you.

(727) 447-3000

Fax (727) 210-4600

Usually no referral is needed. We accept Medicare, most insurances and self pay.



*The Premier Provider of
**Sleep, Allergy
& Respiratory**
Health Care Services
in the Tampa Bay Area*

(727) 447-3000

www.StFrancisMed.com

— SLEEP —

Sleep issues affect your quality of life and contribute to many serious health problems including heart disease, stroke, blood pressure problems, diabetes and injuries from accidents.

We offer comprehensive sleep care by a board-certified sleep physician. We diagnose and treat **ALL sleep issues** ranging from excessive wakefulness to excessive sleepiness; including **Sleep Apnea, Insomnia, Narcolepsy and Parasomnias**.

For those who need a sleep study, we have a fully accredited sleep lab with comfortable hotel-like sleep rooms.



"It's more like coming into someone's home than a medical facility. You are greeted by the wonderful staff and immediately upon checking in you start feeling better."

"I've had insomnia for 20 years. Healing has happened here!"

"I wouldn't call this a sleep lab... I would call it a sleep resort!"

"After following Dr. Averill's directions for my sleep apnea, I got immediate results. I got my energy back, my blood pressure went down, and my overall health improved. I was able to focus and accomplish more in my business than I ever have. Over the next year I practically doubled my business."

— ALLERGY —

St. Francis offers complete care for **all allergy issues** including: **allergic skin disorders, seasonal, pet, environmental, pollen, insect, food and drug allergies**. Our comprehensive approach to allergy care benefits patients ages five and up.

With immunotherapy we can often reduce the response to allergic triggers and modify the natural course of allergies. Through testing we can accurately assess each patient's needs to determine the best course of treatment.

Dr. Averill completed an Allergy Fellowship at the prestigious Johns Hopkins University and has been a practicing allergist for over 25 years. He guides patients through testing, diagnosis and treatment of **ALL allergy issues**.



"The cough is gone and the fatigue abated. The medical expense was minimal. The peace of mind – priceless!"

"Since I started taking allergy shots I have noticed a vast improvement in the way I live my life. I can now go through everyday life at ease. Dr. Averill and staff are outstanding and make me feel secure. I would recommend St. Francis to anyone that needs professional help with allergy issues."

"Seeing Dr. Averill has changed my life. I used to suffer with symptoms from morning until bedtime. Now, I never sneeze all day. I am extremely happy with the results."

"My breathing has become easier and easier every day."



— LUNG —

Dr. Averill and his staff are highly qualified and committed to delivering compassionate care for diseases of the lungs and respiratory system.

As a board-certified pulmonologist, Dr. Averill utilizes a full range of diagnostic and therapeutic options to treat the broad spectrum of pulmonary conditions. These include: **Asthma (including Xolair treatment),**

Bronchitis, COPD, Chronic Cough, Emphysema, Lung Cancer, Pleurisy, Pneumonia, Respiratory Failure and more.



"Two months ago I was in very poor condition. I was unable to go grocery shopping and had to carry oxygen everywhere I went. I had been to the emergency room six times in the past eight months unable to breathe. Since seeing Dr. Averill I can now do my weekly shopping on my own. I've not had a severe asthma attack in the last two months. I'd say my quality of life has improved by 50 percent and I hope for continued improvement as I continue the program."

"I feel like my life is being saved."

"This place is beautiful and serene. Thank you for this lovely place."

"Dr. Averill provides a calm, sincere attitude regarding my health issues. I put my trust in his judgment. Are you looking for a physician who cares as much about the patient as he does about the treatment? You should visit Dr. Averill."