

POSTOPERATIVE INSTRUCTIONS

PILONIDAL CYST- DRAIN CARE

If a drain was placed during your surgery, it will need to stay in place for 2 weeks. Keep a log of how much drainage you empty from the bulb each day.

On post-operative day #2 you may:

- remove the gauze/tape that was placed around the drain.
- shower, avoiding direct spray on the wound area, but allowing for soapy water to help clean the area. Take care to pat dry the surgical area.

Do not take baths, or go in swimming pools or hot tubs. Avoid submerging in water until drain is removed.

You may use gauze to cushion the area around the drain or on top of your incision for comfort, with your underwear holding gauze in place. Do not use tape to hold the gauze as that may irritate your skin and the surgical area more.

If at any point, you notice you have had no drainage for 48 hours, please call the office. You may need to come in to have your drain checked.

Call our office as you near the 2 week post-operative time period so we can schedule you an appointment to have your drain removed. **972-562-1119**

More post-operative information can be found on our website:
surgicalassociatesofnorthtexas.com