



## AFTER CARE INSTRUCTIONS FOR PIERCED EARS

- Always wash your hands with soap and water before touching or cleaning your ears.
- DO NOT REMOVE or change out ear piercing studs for at least 6 weeks.
- Clean the front and the back of the earlobes around the piercing 3 times a day for at least 6 weeks, AND after swimming or taking a shower/bath.
  - Use a q-tip with rubbing alcohol or an alcohol prep pad for each ear.
- Wash your hands with soap and water before touching or cleaning your earrings. Wash earlobes with soap and water daily to prevent infection.
- Redness, pain and swelling are to be expected the first 24-48 hours after an ear piercing. If worsening redness, pain, swelling or any ear discharge develops, call After Hours Kids to schedule an appointment.
- Tylenol can help alleviate some of the pain and discomfort following an ear piercing. If your child is 6 months or older, ibuprofen can be used.

### Special Cautions:

Always try to keep your new ear piercing free from soap, perfume and hair products.