

Provider Performing:

Dr. Jay Kamath

Date of exam: _____

Arrival Time: _____

(PLEASE EXPECT TO BE AT THE SURGICAL CENTER/HOSPITAL NO LESS THAN 3 HOURS)

INSTRUCTIONS FOR EGD

Your procedure has been scheduled at:

<input type="checkbox"/> Bay Area Endoscopy Center 5771 49th St. N St. Petersburg, FL 33709 727-528-2261	<input type="checkbox"/> Northside Hospital 6000 49 th St. N St. Petersburg, FL 33709 727-521-5158	<input type="checkbox"/> St Pete General 6500 38 TH Ave. N St. Petersburg FL 33710 727-384-1414
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To ensure a successful exam, please follow all instructions carefully.

Remember, your procedure WILL be rescheduled if:

- ✓ You do not follow **ALL** prep instructions.
- ✓ You do not complete your **ENTIRE** preparation as instructed
- ✓ You do not have a ride home (it **MUST** be an adult friend or family member that **DRIVES** you)
- ✓ **If you take a TAXI or UBER you MUST have an adult friend or family member accompany you.**
- ✓ You are **NOT** able to take a Bus

❖ Your adult friend or family member that drops you off/ picks you up, MUST stay within a 30 minute distance of the procedure center.

We are requesting clearance from your specialist. You are **NOT** to stop any medication without clearance. We will contact you with instructions of when to stop any medication

7 DAYS PRIOR TO YOUR PROCEDURE

STOP taking fish oil, vitamin E and any iron supplements.

STOP NSAIDs, Ibuprofen, Advil, Aleve, Motrin, Celebrex, Naproxen
(If you take **Aspirin 81 mg**, you may continue to take this)

THE NIGHT BEFORE YOUR PROCEDURE YOU SHOULD HAVE NOTHING TO EAT OR DRINK AFTER MIDNIGHT

DIABETICS: Take your regular morning and daytime oral diabetic medications and insulin.
Only half of your long-acting insulin dose

ON THE DAY OF YOUR PROCEDURE

YOU MAY DRINK WATER UP UNTIL 3 HOURS BEFORE YOUR ARRIVAL TIME

DIABETICS:

Do not take any oral diabetic medications or insulin, make sure to bring them with you to the surgical center or the hospital. Remember to check your sugar level regularly during the day.

Please bring your **Inhaler /CPAP** with you

Avoid smoking 24 hours prior procedure , please wear comfortable shoes- no heels

Turn over



You MAY take your morning medications as usual (which includes blood pressure, cholesterol, depression, anxiety, seizure medication, thyroid medication, ETC.)

(DO NOT take NSAIDS or Blood thinners)

If you have any questions please do not hesitate to call
727-443-4299

NOTE:

In the event that a biopsy needs to be performed, there will be additional charges from an outside pathology lab.