



Date of Surgery: _____ Dr. Sonya Lee

Surgery : _____

Arrival location on the day of surgery:

- Penn Presbyterian Medical Center, 51 N. 39th St., CUPP Bldg
- Penn Medicine University City, 3737 Market St, 5th Floor
- Pennsylvania Hospital, 800 Spruce St., 1st Floor

Your pre-admission testing will be at:

- Penn Presbyterian Medical Center in the Cupp Bldg, 1st floor, outpatient registration
- Pennsylvania Hospital, 1st Floor
- Labcorp/Quest

You may walk-in anytime from 8:30am – 4pm. **PRE-ADMISSION TESTING MUST BE DONE WITHIN 90 DAYS OF SURGERY AND NO LATER THAN 2 WEEKS PRIOR TO SURGERY. IF TESTING IS NOT DONE IN TIME, YOUR SURGERY WILL BE CANCELLED**

Please call with any questions about surgery, instructions, testing or FMLA forms. All FMLA or disability forms can be faxed to 215-243-4668

REFERRALS: If your insurance plan requires referrals, you will need to contact your primary care doctor and request 2 referrals; one for the doctor and one for the hospital

Doctor NPI#: 1366502445 Penn Presbyterian Medical Center NPI#: 1245207521

Pennsylvania Hospital NPI #1851440606



Surgery Instructions

ARRIVAL TIME AND LOCATION

- You will get called the day before your surgery between 2 pm and 4 pm with your arrival time and location for the next day
- If the day before is a holiday, the hospital will call you the Friday before surgery
- If you are scheduled on a Monday, the hospital will call you on Friday afternoon
- If you do not receive a call by 3:30pm, please call 215-662-8000

PARKING AND DISCHARGE INFORMATION

- If you are going home on the same day as your surgery, you **MUST** have an available adult to accompany you. Your surgery may be cancelled if you do not have someone to take you home. You may take public transportation, but an available adult is required to escort you home
- **For Penn Presbyterian:** parking is available at the main hospital entrance, located off 38th Street between Market and Powelton Streets in the high-rise garage
- **For Penn Medicine University City:** parking is available at the surgery center in the parking garage on Filbert St
- **For Pennsylvania Hospital:** parking garage is at 8th and Delancey st

MEDICATIONS

- If you take any blood thinners or diabetes medications, you **MUST** check with your prescribing doctor for specific instructions on taking these medications prior to your surgery
- Seven days prior to surgery: **STOP** taking any aspirin containing medications (Aleve, Advil, Excedrin, Ibuprofen, Motrin, Celebrex, etc.). Check with your prescribing doctor for specific instructions on stopping any aspirin medications. Tylenol is recommended as an alternative medication for any aches, pains, or headaches
- If you take any medications in the morning, you may take these as early as possible with a small sip of water. Avoid taking any medications that can be skipped or taken later in the day



THE DAY BEFORE SURGERY

You are required to follow a liquid diet the day before surgery. There are no restrictions on the liquids you may drink (examples: smoothies, coffee, tea, dairy, jello, soup broth, Gatorade). Stay hydrated throughout the day. **Do not eat or drink after midnight.**

You are required to follow a light diet the day before surgery. Along with liquids, you may have the following: fruit, toast, cereal, oatmeal, eggs, soup, dairy. **Do not eat or drink after Midnight.**

Do not eat or drink after Midnight. You may be required to take misoprostol vaginal suppository the night before your procedure

You are required to do a Bowel Prep

You are required to do a CHG prep/wash: see instruction

REQUIRED THE MORNING BEFORE SURGERY

You may take milk of magnesia or miralax (both are available over-the-counter) as directed on the **day before** surgery until you have a bowel movement. Start with 1-2 tablespoons as directed the **morning before** surgery. You may take additional doses until you have a bowel movement



INSURANCE PLANS WITH A DEDUCTIBLE

- If your insurance plan has a deductible that has not been met yet and is \$250 or more, you will be responsible to pay a portion toward your deductible prior to surgery
- The amount is determined by the procedure type, either \$250 or \$500
- You may call the office NO LATER than the day before your procedure to make a payment

Deductible: the amount you pay for services before your health insurance begins to pay

How it works: If your plan's deductible is \$1,500, you'll pay 100 percent of eligible health care expenses until the bills total \$1,500. After that, you share the cost with your plan by paying coinsurance

Coinsurance: your share of the costs of a health care service. It's usually figured as a percentage of the amount your insurance will allow to be charged for services. You start paying coinsurance after you've paid your plan's deductible.

How it works: You've paid \$1,500 in health care expenses and met your deductible. When you go to the doctor, instead of paying all costs, you and your plan share the cost. For example, your plan pays 70 percent. The remaining 30 percent is what you pay. This is your coinsurance

Copay: a fixed amount you pay for a health care service, usually due when you receive the service. The amount can vary by the type of service.

How it works: Your plan determines what your copay is for different types of services, and when you have one. You may have a copay before you've finished paying toward your deductible. You may also have a copay after you pay your deductible, and when you owe coinsurance