

PET Scan - McKelvey

You are scheduled for a PET scan at 3550 McKelvey Rd, Bridgeton, MO 63044 on _____ at _____ A.M./P.M.

A PET scan is an imaging test that allows your doctor to check for diseases in your body. The scan uses a special dye administered through an IV. The dye will help your doctor to see how well your organs and tissues are working. The PET scan can measure blood flow, oxygen use, glucose metabolism (how your body uses sugar), and much more.

During your test you will lie on a narrow, motorized table that slides through an opening into a tunnel. The tunnel is shaped like a large doughnut standing on its side. Straps and pillows may be used to help you stay comfortable and in position. If you are having a head scan done the table may be fitted with a special cradle that will hold your head still.

While the table moves you into the scanner, the X-ray tube will rotate around you. Each rotation yields several cross-sectional images, like slices, of the inside of your body. You may hear buzzing, clicking and/or whirring noises, this is normal.

A technologist in a separate room can see and hear you the entire time. You will be able to communicate with the technologist via intercom. The technologist may ask you to hold your breath at certain points to avoid blurring the images

***** Please inform the technician BEFORE your test if you are pregnant, breastfeeding or suspect you may be pregnant. *****

Instructions:

- Drink plenty of water the day before the exam.
- Wear warm, comfortable clothing free of metal zippers, snaps, etc. You may bring a change of clothing and a pair of warm socks. Underwire bras must be removed. Hooks on regular bras are fine.
- Do not take medicines that contain sugar, such as cough syrup or throat lozenges.
- Do not engage in strenuous activities, heavy lifting or exercising for 24 hours before your exam. A lot of muscle activity can interfere with the results of the exam.
- Do not chew gum or candy.
- Please bring any previous PET or CT images and report with you to your exam. If you need help obtaining these images, please let the office know and we will try to assist you.

*Non Diabetic patients:

- Do not eat or drink anything except water for at least six hours before the exam. Do not chew gum or candy.

*Diabetics patients:

- Please eat a low carbohydrate diet for 24 hours before to the exam.
- 4 hours prior to the exam, do not eat or drink anything except water.
- Do not take insulin or your diabetes medicine on the morning of your exam. We will schedule an early morning appointment for you and you can take your diabetes medicine after your scan.
- You may take other medicines (only with water) on the day of the exam, unless your doctor tells you not to take them.
- Check your sugar before you come. If it is over 200 please call the office at 314-741-0911, ext. 4221, as your test might need to be rescheduled.

PET CT DISCLOSURE NOTICE

Disclosure Notice to all Medicare, Medicaid, Medicare Advantage, and Tricare Patients being referred for PET scans

St. Louis Heart and Vascular, P.C. (SLHV) is required to provide you with this notice to inform you of other options available to you for your PET imaging services. Currently for your convenience, your SLHV physician has referred you to a SLHV office for your PET scan.

You are under no obligation to obtain PET services from SLHV and you may choose a different supplier of these services. Other suppliers are listed below, but this is not an exhaustive list. If you choose to have your imaging done at another location, SLHV will provide you with a physician order that you can use to schedule with the other supplier or provider.

In addition, if you choose SLHV, your imaging results will be automatically uploaded into our medical record system and available to your SLHV physician.

This notice is required to be provided to you by under the Patient Protection and Affordability Act ("PPCA") Section 6003. We do not know if the suppliers on this list are covered by your health care plan, so it's your responsibility to check before scheduling your exam.

The following is a non-exhaustive list of alternative suppliers that are not affiliated with SLHV.

SSM St. Louis University Hospital	3635 Vista Ave, St. Louis MO 63110	314.577.8022
Barnes Jewish Hospital	4921 Parkview Ave, St. Louis MO 63110	314.362.4738
Mercy Hospital	615 N. New Ballas Road, St. Louis MO 63141	314.251.6031
Memorial Hospital	4500 Memorial Drive, Belleville IL 62226	618.233.7750
Anderson Hospital	6800 State Rt. 162, Maryville IL 62062	618.288.5711
St. Luke's Hospital	232 South Woods Mill Rd, Chesterfield, MO 63141	314.966.9100
Missouri Baptist Hospital	3015 North New Ballas Rd, St. Louis MO 63131	314.996.5000

Revised 8/2018