

CTA or CT scan with contrast - McKelvey

You are scheduled for a CTA or CT: _____ with contrast at 3550 McKelvey Rd, Bridgeton, MO 63044 on _____ at _____ A.M./P.M.

During your test you will lie on a narrow, motorized table that slides through an opening into a tunnel. The tunnel is shaped like a large doughnut standing on its side. Straps and pillows may be used to help you stay comfortable and in position. If you are having a head scan done the table may be fitted with a special cradle that will hold your head still. An IV will be placed for contrast (also referred to as x-ray dye).

While the table moves you into the scanner, the X-ray tube will rotate around you. Each rotation yields several cross-sectional images, like slices, of the inside of your body. You may hear buzzing, clicking and/or whirring noises, this is normal. During the test the dye will be injected through the IV. You may feel a warm sensation and/or a metallic taste in your mouth, this is normal.

*** If you have allergies to IV Dye, shellfish or iodine, please notify the office immediately. ***

A technologist in a separate room can see and hear you the entire time. You will be able to communicate with the technologist via intercom. The technologist may ask you to hold your breath at certain points to avoid blurring the images.

Instructions:

- Please arrive 15 minutes prior to your exam time.
- Do not have solid foods 4 hours prior to your exam.
- Drink plenty of fluids.
- Please hold **Metformin, Glucophage, Glucovance, Metaglip, Avandament, Janumet, Fortamet, Glumetza, Diaformin, Riomet, Diabex, Actoplus** the day of the exam and for 48 hours after.
- Other medications are fine to continue as long as you don't need to take them with food.
- Please leave any metal objects, such as jewelry, that might interfere with imaging results at home.

*** Please inform the technician BEFORE your test if you are pregnant, breastfeeding or suspect you may be pregnant. ***

Frequently asked questions:

Will this test hurt?

CT scans are painless but you will have an IV placed for contrast to make your blood vessels and tissues more visible.

How long will the test take?

The number of scans required and total time for an exam will vary, but the whole procedure should take between 15-30 mins.

Will I need someone to drive for me after the CT scan?

No, the CT scan is a safe test that will not affect your ability to drive.

Will the radiation that I receive from the CT scan hurt me?

CT scans are similar to those of conventional X-rays. During the CT scan, you're briefly exposed to radiation. But doctors and other scientists believe that CT scans provide enough valuable information to outweigh the associated risks.

Do I need to have blood work done prior to the CT scan?

If you are over 50 you will need to have a blood test before the CT scan to check your kidney function. The blood test must be done within 30 days of the scan.

If for any reason you need to reschedule, please call the office at 314-741-0911 at least 24 hours prior to your exam.

CT DISCLOSURE NOTICE

Disclosure Notice to all Medicare, Medicaid, Medicare Advantage, and Tricare Patients being referred for CT

St. Louis Heart and Vascular, P.C. (SLHV) is required to provide you with this notice to inform you of other options available to you for your CT imaging services. Currently for your convenience, your SLHV physician has referred you to a SLHV office for your CT scan.

You are under no obligation to obtain CT services from SLHV and you may choose a different supplier of these services. Other suppliers are listed below, but this is not an exhaustive list. If you choose to have your imaging done at another location, SLHV will provide you with a physician order that you can use to schedule with the other supplier or provider.

In addition, if you choose SLHV, your imaging results will be automatically uploaded into our medical record system and available to your SLHV physician.

This notice is required to be provided to you by under the Patient Protection and Affordability Act (“PPCA”) Section 6003. We do not know if the suppliers on this list are covered by your health care plan, so it’s your responsibility to check before scheduling your exam.

The following is a non-exhaustive list of alternative suppliers that are not affiliated with SLHV.

Maryville Imaging	2032 Vadalabene Dr. Suite 100, Maryville IL	618.288.4929
Metro Imaging North County	125 Dunn Road, Florissant MO 63031`	314.921.9555
Total Access Urgent Care	12409 St. Charles Rock Road, Bridgeton MO 63044	314.455.4046
Total Access Urgent Care	1090 North Highway 67, Florissant MO 63031	314.778.3186
Watson Imaging Center	3915 Watson Road, St. Louis MO 63109	314.781.9711
Berland Imaging & MRI	774. North New Ballas Road, St. Louis, MO 63141	314.567.1656
Professional Imaging	777 South New Ballas Road, St. Louis MO 63141	314.743.2000
Metro Imaging St. Peters	4750 Mexico Road, St. Peters, MO 63376	636.498.4555
Total Access Urgent Care	3871 Mexico Road, St. Charles MO 63303	636.477.6344
Total Access Urgent Care	507 South Main Street, O’Fallon MO 63366	636.409.1132
Total Access Urgent Care	4201 Highway K, O’Fallon MO 63368	636.294.8540
Total Access Urgent Care	1890 Wentzville Parkway, Wentzville MO 63385	636.887.2667