



Yeast or Fungal Infections

Your vagina contains a mix of yeast and bacteria. A vaginal yeast infection is caused by an overgrowth of the yeast. This may occur after antibiotic use, which causes an imbalance in the natural vaginal flora.

Over-the-Counter Antifungal Creams, Ointments or Suppositories

- The most common way to treat yeast infections is by using an over-the-counter cream, ointment, or suppository containing miconazole or clotrimazole.
- The over-the-counter treatments are used for 3 to 7 days and treat many different types of yeast.

Diflucan

- Diflucan is an oral antifungal used to treat yeast infections.
- It will only treat an infection caused by the fungus candida albicans
- If you are currently taking antibiotics, wait at least 24 hours after stopping antibiotics before taking the Diflucan.
- Take all of the medication as prescribed.
- It may take 3 days to see any improvement in the symptoms of the yeast infection.
- Check with your pharmacist to make sure the Diflucan will not interfere with any other medications you are currently taking.

If you have any questions, please call the office.