



Healthy Hair

What is PRP Hair Therapy?

PRP (platelet-rich plasma) therapy for hair loss is a three-step medical treatment in which a person's blood is drawn, processed, and then injected into the scalp.

PRP injections trigger natural hair growth and maintain it by increasing blood supply to the hair follicle and increasing the thickness of the hair shaft. This approach is combined with other treatments and supplements.

Please note that mental and physical stress control plays a large part in the success of this program.

PRP Therapy Process Most PRP therapy requires three treatments 4–6 weeks apart. Maintenance treatments are required every 4–6 months.

Step 1: Your blood is drawn by our concierge MA and put into a centrifuge (a machine that spins rapidly to separate fluids of different densities).

Step 2: After about 10 minutes in the centrifuge, your blood will have separated into in three layers:

- platelet-poor plasma
- platelet-rich plasma
- red blood cells

Step 3: The platelet-rich plasma is drawn up into a syringe and then injected into areas of the scalp that need increased hair growth.

You will receive a 3 month supply of Nutrafol hair restoration supplements that is necessary and is included in your program. Integrative Skin ID will be managing your hair transformation from here on out!

Let's grow together!