**Ultra-prevention Screen**

*\*\*This is a screening tool. Please be aware that these results may require you to have formal imaging to confirm any of these findings. \*\**

**Echocardiogram**

* Left ventricular ejection fraction – efficiency of the heart
* Assess left and right cardiac compartments (atria and ventricles) – insights into blood pressure and valve integrity
* Looks at the efficiency of the cardiac valves
* May comment on whether there is increased blood pressures in the lungs

**Carotid**

* Assess the lumen of right and left carotid arteries in your neck and feeding your brain
* Estimates the thickness of the carotid wall thickness – a sign of early disease
* Assigns an age of your carotids to your chronological age – are you older on the inside compared to the outside?

**Abdominal Aorta**: screens for aneurysms along the length of the aorta from the heart to the abdomen – in some, this can be a potential silent killer.

**Abdominal Organs:** looks at the gallbladder, liver, pancreas, spleen, kidneys .

**Peripheral Vascular Flow:** efficiency of the veins and arteries in your legs – great information if you tend to have swelling or varicose veins.

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